



# INNER QUEST CHURCH

Communications



## Inner Quest Fest— October 12, 2024

Saturday from 11am to 3pm

Our Annual Festival returns with great energy and light!

There will be amazing Readers, Healings, and of course, awesome vendors. This festival is for our Metaphysical Community to gather and welcome in those who may be experiencing this path of God love for the first time!

The Healings are always amazing, and this year....

\*Bill Steiniger will be offering the **Sedona Technique**

\*Patrick will be doing **Color Therapy Sessions**

\***Reiki and Chakra Balancing** will be offered by our Reiki Team

\***Come for one or two healings! They are all transformational!**

And our Readers are amazing, as always.

You will be able to get an **Angel Reading**, a **Body Scan**, a **Past Life** reading or just a **full reading on an issue** that you are currently working on. Bring your questions and receive some awesome guidance.

**Music this fall**— We will, once again, be having **live music** from 12 to 3pm. We are so happy to have "**Those Two Guys**", again! Everyone was so amazed at the talent, humor and love these guys shared. Be sure to take some rest time and enjoy!

Come and celebrate with your Spiritual Family. Come early and stay the day. We will have awesome food to purchase, so come hungry!

The energy we generate this year will fill our world with love and a much needed connection with God. Our work here affects the whole. Bring your light and shine your love as we stand in our beliefs of Heaven on Earth.

**Join us in celebrating the love of God that moves through us all.**



### In this issue:

- Sunday Services —Healing, the various ways we heal in the world. Then we Expand!
- Tuesdays Nights —In Sept. we will study Living in the Light, Shakti Gawain. In October— Renewal of our Environment.
- Men’s Group— Oct 7 at 7pm
- Women’s Group— Sep 9 from 6:30-8:30
- Choir rehearsals begin for our Annual Metaphysics of Christmas.
- Inner Quest Festival— Oct 12 from 11am to 3pm. Our Annual Festival and Psychic Fair. Readings, Healings, Vendors, Food!

### Reiki Night Comments

*"The healing of stuck energy was wonderful. I could feel my body getting lighter and the healing coming through. JM*

*"Feeling peaceful, pain free — an out of body experience" LL*

*"I felt I was floating. I was able to get away from thoughts." LE*

*"Beautiful, connected, expanded awareness, love, warmth." VL*

*"Beautiful, loving energy. Felt lighter afterwards. Mind was racing but then cleared. Very calming energy." KR*

*"I felt the energy coming into my body, I felt the love and healing, thank you so much!" NS*

*"Wow, I am floating, lighter, energized...so much more. Thank you." MA*

### Therapy Stones

Spirit has guided us to use the wonderful healing properties of crystals in a new Therapy process. Each month we will introduce a stone that has specific healing properties that will allow a transformation healing within.



#### September *Mangano Calcite*

This stone encourages us to release the imprint left by our past sorrows, fears and traumas that have kept our hearts trapped in the past.

It lifts tension from anxiety. Through the releasing process, it re-connects the heart mind and stimulates Spiritual growth and awakening. You can meditate with it, sleep with it near your head or wear it. Keeping it in your energy field for a month will bring about beautiful shifts in you! Goal- Self-Love, Well-Being.

#### October *Honey Calcite*

A stone of confidence, action and getting things done! This stone enhances intellectual power by opening the 3rd eye and solar. If you have been procrastinating or just needing a boost of confidence, try it! It's stimulation of spiritual strength helps abate depression and encourages hope!

Meditate with it, Sleep with it, Wear it! Using this stone consciously and consistently for a month and see what changes you feel!

God is in Charge!!!



**I let my God Light Shine!**



## Sundays

### 2024– Becoming New

Renewal begins with a Spiritual Commitment to become greater than you ever thought possible. Our First step is to realize all of the beliefs and energies that we still allow to function in our daily lives. These beliefs are continuing to sculpt the conditions in which we find ourselves. Jesus taught

us that when we make God our center, all things will be added unto us! Time to heal and renew our creative beliefs!

### Sunday Services for September 2024

God’s Will is something we all want to live in, however, our own unique perceptions still guide our realities. This month we will learn new ways to consciously heal and renew our commitment to our Oneness with God.

#### It’s Time to Heal

Sep 01	Healing Through Thought	Cheryl Provence
Sep 08	Healing with Behavior	Cindy Fuller
Sep 15	Healing Through Community	Cindy Fuller
Sep 22	Healing with Joy	Cindy Fuller
Sep 29	Healing in the Now	Patrick Abent

**“God’s Light Restores Me to Wholeness!”**

### Sunday Services for October 2024

In October, We will take another step– time to Expand our vision of what can be and begin to embrace what we have not yet conceived. Changing your words can literally change your forward motion!

#### I Say YES to My GOOD

Oct 06	I Say Yes– into the Silence	Cindy Fuller
Oct 13	I Say Yes- to My Potential	Cindy Fuller
Oct 20	I Say Yes– to More than I can Conceive!	Cindy Fuller
Oct 27	I Say Yes– to Who I AM!	Patrick Abent

**“I now touch the infinite potential I AM!”**



#### Walk in Peace

**“Walk in peace. Be undisturbed and unperturbed;  
all is in God’s plan. Never doubt this.  
Bring God into your life, and you will see miracles.. ”**

**The Quiet Mind by White Eagle**

### Rev Charmayne Scruggs’

#### Sunday Service

“Walking our Christed path is about embodying our divine qualities of love, compassion, and unity.

It’s an inward journey that connects us to our higher selves...

We become beacons of love and light... illuminating the path for the collective awakening of humanity.”



**“Jesus’ teachings on loving your enemies was to end this misunderstanding and heal the human to bring peace, harmony, and pure love within the human family.**

**For when humans love their enemies, they will have no enemies.”**

**Dr Rocco Errico**

Direct emails to the church:  
[iqc@innerquestchurch.org](mailto:iqc@innerquestchurch.org)

See Updates on our website:  
[www.innerquestchurch.org](http://www.innerquestchurch.org)

**The Love extended by all mankind is lifting**

**Critical Mass!**

### Are You New to Reiki?

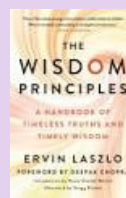
We offer Reiki sessions on a love-offering basis each month.

This is a great opportunity to sample and introduce others to the healing energy of Reiki. Come experience the relaxing, supportive energy that allows the body to heal itself. Reiki works on the emotional, physical, mental and spiritual bodies all at the same time.

The second Saturday evening of each month, from 6pm to 8:30pm we will be offering 20-minute Reiki sessions. Call ahead to schedule or simply drop-in.

**Saturday, September 14th—6:00pm to 8:30pm**

**Saturday, October 12th—come during the day. We will offer 15-minute sessions from 11am to 3pm only.**



### **Final Book Club Meeting of 2024**

Our final meeting for 2024 will be held after church on Sunday, September 29 from noon to 1pm.

Terry Lufkin will lead the group in a discussion of Ervin Laszlo’s, The Wisdom Principles.

This is our final meeting for the year. Traditionally this is the meeting where we will set forth the schedule and intentions for the next year. It’s also an important meeting because leadership of the group will be moving into new hands. If you wish to be involved in the book club during 2025, please plan to attend.

If you are planning to attend, please let Bonnie or Kate know in the office. This is a luncheon meeting, so we need a headcount!

## Tuesday Nights



**Tuesday Nights, 7:30pm- 9:00pm** *Tuesday evenings allow us a hands on experience to feel God in our hearts..*

**In September, we will be looking at some of the basic concepts that are foundational in Metaphysics. Shakti Gawain's book, Living in the Light has been a primer handbook for understanding Metaphysical Thought. She was an amazing teacher and her work is still so important in our world today.**

### September

- Sep 3 **Shakti Gawain- Class 1** Tonight we will review the concepts of a Higher Power and how to activate our own intuition. Chapters 1-4, 11-13. We will discuss, meditate.
- Sep 10 **Shakti Gawain- Class 2** A study of yourself begins. How much do you want to turn over to Spirit? And how is the world showing you who you are. Chapters 5-7, 14
- Sep 17 **Shakti Gawain- Class 3** Male and Female- learning the balance and interaction of each. Chapter 8-10, 15
- Sep 24 **Shakti Gawain- Class 4** Tonight we will look at the basic life skills that we need in this world. Children, Money, Work. Chapters 16-18
- Oct 1 **Shakti Gawain- Class 5** Our last class in this amazing study. We will discuss health, and holding the energies of a world that would be perfect for us.

**In October, we will relax into renewing our current realities.**

### October

- Oct 8 **Feng Shui Tune Up #1**- Clean up Your Clutter! Most of us have no idea that we have clutter in our lives. We walk by it, add to it, consider it a part of our world. But it doesn't have to be. As you open for greater flow, you can literally experience greater flow. Let's have some fun as we discuss our stuff!
- Oct 15 **Feng Shui Tune Up #2**- Tonight we explore the energies in our homes, offices and even cars. You will learn specific techniques to help open the energy to create a life supporting environment.
- Oct 22 **Illusions and Structure**- How to find the balance of the reality that you truly wish to live in. You create through Your free will. Explore a new insight into possibilities
- Oct 29 **Dream a Dream**-Tonight, we will create one dream that we really, really want to experience within the next 6 to 8 months. We will define, energize and breathe it into being! Join us and don't hold back on your GOOD!



Each Tuesday Night, we will open with our Healing Circle – which we have been doing for 30 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

#### Men's Group

*We are skipping the September meeting due to the Labor Day Weekend. Next meeting will be Oct 7, from 7:00-8:30pm. All Men welcome!*

#### Women's Group

*Join us September 9th for Women's Group. Snacks are served at 6:30 - Meeting from 7:00 to 8:30. We meet on the third Monday every other month. This is a wonderful interactive group where each participant is integral to the experience of the evening. Come and share your light with us!*

#### KROGER - Community Rewards

This is an easy way to financially support the church. Enroll in Kroger Community Rewards by signing up with your Plus Card # (or an alternate ID, usually your phone number) and password. In the search bar, ask for Community Rewards. Select Inner Quest Unlimited or partner #MQ722. It's Done!



#### Metaphysics of Christmas

#### Rehearsals are Coming!

Our Annual Christmas Program of the Metaphysics of Christmas is scheduled to be performed on Sunday, Dec 15 at 7:30pm. In order to make it happen, we need singers, a stage mom, sound person and video person. Everyone joins the rehearsals in November, however, our rehearsals for singers begin Sunday, October 13 from 12:30 to 2pm. (All rehearsals are on Sunday after church.)

As many of you know, this is a beautiful program of song and celebration of the life of Jesus Christ. Check your hearts and see if you would like to join us in the production. It is a big investment with an even bigger return!

Join us in lighting up the world this Christmas Season! Sign up in the lobby.

# Thoughts of the Ministers



## What is Happening..

As we begin to understand the different spiritual dimensions, we will begin to understand who we are, where we are, and where we are going. In our 3D daily waking consciousness, we have an awareness of our individual being with ego and body that is unique to everyone and everything.

We are able to perceive and experience energy thru its vibrational frequency i.e. sound, color, light and form here in 3D land. Our consciousness determines our perception. We are in the process of evolution in consciousness and hidden doors continue to open presenting our next step.

Change presents the opportunity to move beyond what is, and we must release what is, to be able to be aware of and then experience “what can be.” Our Journey continues.

When Jesus came to the planet his mission was to lift mankind from their “what is” at that time. Through his teachings he revealed the world that “can be” – he revealed the path; LOVE. This walk demonstrated man’s ability to master the illusion of matter. When we connect with God our Father (choose Love), our life experience will transcend our mortality and our attachment to matter. Jesus fed the people at their level of consciousness (survival) to get their attention of the unknown and their own abilities.

Some heeded the higher calling, most opted for security. And the wheel keeps turning!

We now live in a time when our choices are more important and powerful than ever. We stand on the precipice of transformation. A dimensional shift is occurring.

We have greater understanding and a more expanded consciousness than the people Jesus taught “but we are the same people.” What are we going to choose?

Love or Fear, God or Man. Who will be our Master? I think we have been pondering this forever. Haven’t we all written enough “ME” stories.

Perhaps a leap of faith is in order now. If we choose love, we move into that space of the unknown and enter into a higher expression of God’s creation.

When we create a space in our conscious for God, we are saying yes to the unknown and know that faith will see us through this Journey of Love.

Do we choose Love or Security this time

I choose \_\_\_\_\_

Peace,

Patrick

*“As our world begins to change as never before, we must reach to the stars of our hearts to remember the signs of God, the light of God and the peace of God. God is all things.”*

## Metaphysics in Business

I channeled this for a client of mine several years ago, but never got the opportunity to share. So I am sharing with you all now!

### Metaphysical Principles to Remember in Corporate

1. **Your boss is not your counselor.** Keep your emotions and fears to yourself. They don’t need to know what you are going through or even who you are. They need to know what you can do in the job they have given you.

2. **Your boss is not your student.** Don’t teach them your way. Don’t overly suggest “a better way”. Instead, demonstrate your life approach in all you do. Only if the boss asks questions, are you to share

3. **Your boss is not your source.** You are engaged in an exchange of services. The details have already been agreed upon. You give, you receive.

4. **Your boss is not your coach.** Don’t look for approval or admiration. Bring your best. Shine your light. Freely own all that you do. The Universe sees every effort and accomplishment.

5. **Your boss does not determine your future.** You are the only one who can do that. Every thought, desire and hope sets the stage for your forward motion. You are bringing your gift to this corporate position. You decide when it is time for your next step.

### You are a Child of God.

You contribute to the World as you grow.

The world is an avenue of supply–  
But not the source of your supply.

Ultimately, you work for yourself.

You Choose every step.



May you find the perfect place to share your light with the world. Eventually you will realize that you are, in fact, working for God as you follow your guidance to new and better. And may God richly bless you as you navigate the cultural conditions of our reality!

Don’t forget our goal– Heaven on Earth

Love to all,

Cindy

### We are a working Church!

*Counseling, Readings,  
Body Scans, Past Life Readings,  
Angel Readings,  
Reiki, Reiki Initiations,  
Inner Light, Color,  
Crystal Sound  
are some of the healings available!*



**Saturday, October 12, 2024**  
**from 11am-3pm**  
**Time to Celebrate God!**

**Special Package Deal!**  
**\$30 for**  
**One Reading Session &**  
**One Healing Session**

**PLUS... Live Music -Those Two Guys**  
**will be performing from 12-3pm**

Our **INNERQUEST Fests** are fun ways to explore *metaphysical thought*. We offer mini-readings and healings. And this year, back by popular demand, are Those Two Guys, adding music to the festivities.

The InnerQuest Fest is fun for everyone. It will be a wonderful day to explore the grounds, listen to the music, purchase gifts for yourself and for others, and enjoy a tasty lunch, freshly grilled, just for you. We offer hot dogs, hamburgers, brats, salmon, and vegetarian items as well. Many come just for the lunch!

Shopping for yourself and for gifts is highly encouraged! The Christmas Season is coming soon! We invite unique vendors to come and sell their specialty wares, like artisan jewelry, décor items for the home, candles, artwork, pottery and organic or eco-friendly consumables like local honey, eggs, seasonal plants, and produce. Our bookstore and gift shop will be open so you can purchase crystals, books, cards, jewelry and incense and many natural healing products.

The readings and healings are \$20 each, or you can buy a package for \$30.00 that includes one reading and one healing session, a \$10 savings. All workers are donating their time and your participation is considered a donation to our church, so we would love to see everyone attend and bring friends and family!

You can book your readings and healings early! Let the Angels guide you!



**InnerQuest Fest**  
**Pre-Registration**  
**for your Healing**  
**Session & Reading**

**Prepaid reservations will begin**  
**October 1st**

You can call to book your sessions or make your plans in person anytime you are in the church. (Healings being offered are listed on the front page!)

For our festival, you are highly encouraged to book before the event if you want a specific reader or a specific healing. We want all of our great workers to work a little and play a little, so that favorite reader you want, or that healing session you have in mind may only be available early or late, so plan ahead and book early. You can relax into the day knowing that you will receive exactly what you need!

## Vendor Participation

We would like to invite you to join our Festival as a Vendor if you have merchandise that you would love to share with our community. Just contact our office to register.

**Cost:** There is a \$10 non-refundable booth fee in addition to 10% tithe on your total sales. A typical fair will be visited by 150-200 people. You will need to register with the office, 770-521-2875, and we can answer your other questions at that time.

**SET-UP:** Vendors bring their own tables and/or canopy and set-up begins at 10 am, Saturday Oct 12.

**WEATHER:** We have never cancelled in 30+ years due to weather, so it's a rain or shine event.

*The area is largely covered by trees, so use your own judgment about bringing a tent or canopy. You are welcome to come and look at the vendor area ahead of time.*

**Join us in making this Festival the BEST!**

**770-521-2875**

Please follow us on:



Twitter.com #innerquestchurch



Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/

**The Package Deal (the best deal)**

**\$30**

**one reading and one healing session**



**Stand-alone sessions are \$20 each**

Now

Changes in the Story of Life  
Subtle but often true  
Whispers all around us  
What is one to do

The outer presents a picture  
Of what life's meant - to be  
It's only when we take a chance  
With open eyes – that we can see

Limits lessen the gift of living  
It's time this truth be told  
To shatter the grip of illusion  
That causes our confusion

Time to choose – free to be  
The truth within our heart  
In being – is the blessing  
We are here to play our part

Peace,  
Patrick



Inner Quest Church

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*God Bless.....*