



# INNER QUEST CHURCH



## Communications

### Easter in March

**Easter Celebration in March**    Good Friday March 29  
Easter Sunday March 31

As Metaphysical Christians, this is the one event of the year when we can feel the great love Jesus Christ had for humanity and the wonder of the connection he brought to us. In his life and through his ascension, he created a pathway for us to feel the Father's love as he did. He opened our hearts to the eternal nature of our Oneness with God and said, "Follow Me".

This year, on Good Friday, we will once again offer our Spiritual Communion service. There is a mystical connection that occurs as we follow the teachings of Jesus. "This do in Remembrance of Me". During this ceremony, our sanctuary is filled with humans, but it is also filled with celestial beings bringing in the higher vibration of God's love for us all. The energy is undeniable and the blessings are immense. We will begin at 12 noon and usually have our service complete by 12:30 to 12:40pm. We will stay in private meditation until 1pm, however, all participants may leave during this meditation as they are guided. The church will be closed for the remainder of the day. The energy is so high, it is a beautiful first step to our Easter Celebration.

Easter Service— With humble hearts, we join together to celebrate the greatest gift mankind could receive. Jesus Christ came, taught us how to live as God's children, and then took our love back to the Father's house where he create a space for all. The Spiritual union with our Father Mother God was now freely accessible to all.. We know we are Children of God. Join us as we open the channel to receive a greater blessing of God's love and Light!

### In this issue:

- Sunday Services –Jesus' Teachings –How we can follow the path of the Christ.
- Tuesdays Nights –March is all lifting our vibrations in God Love!
- Men's Group– March 4, April 1
- Women's Group– March 15, April 19
- Transition and Death– March 23 from 1pm to 3pm
- Higher Education Classes Continue– Aquarian III –April 13
- Inner Quest Congregational Meeting—April 21

*"It was a transformative experience. The music felt so deep and multidimensional. My body felt fluid and much more cleared. Thank you!! HM*

*"From the music to every aspect of the Reiki session, it felt transformative. The healing and love was wonderful. Thank you!" JM*

*"The energy shifted from low to high through the crown to solar plexus. The back pain dissolved, shoulder tightness diminished. Overall a great session" SN*



### Inner Quest Pot Luck & Congregational Meeting Sunday April 21, 2024

Immediately following the Sunday Service on April 21, we will gather in the Pavilion and on the grounds to celebrate our church with a Pot Luck! Please plan on coming and bringing a dish to share. After we have feasted, we will be having our Annual Congregational Meeting for all of our members. It is important that we join our energies as we create an enlightened path forward for our church. We will review goals, discuss new insights and create a new trajectory for our vision of how we want to present our beliefs to the world.

We will also be presenting reports from all of our departments so that you can be informed of the Journey of 2023 and the Dreams of 2024.

Please mark your calendars so that you can attend. Everyone is invited to the Pot Luck, however, the meeting is for members only.

We also plan on having someone to watch the children so that all of you parents can enjoy the collective synergy of planning our future!

God is in Charge!!!

**God's Love Shines in My Heart!**



**Sundays**  
**2024– A New Spring**  
**Walking with the Christ**

Renewal begins with a Spiritual Commitment to become greater than you ever thought possible. Renewal– To create a New You! This Spring, we will be looking at the unimaginable gifts of Jesus Christ to all of mankind. As a manifest Son of God, he was able to connect us with the power of God’s love in a way that enlivened the souls of all. His life, a gift to our world, remains available to all of us as we follow him.

**Sunday Services for March 2024**

In March, we will study a few of the basic teachings that were foundational to his walk. Without these understandings, we are not able to fully receive the gift of Easter which is March 31 this year!

**God Light Shines in my Behavior!**

Mar 03	Forgiveness	Cindy Fuller
Mar 10	Non-Resistance	Patrick Abent
Mar 17	Ninety Nine and the One	Cindy Fuller
Mar 24	Palm Sunday– Human Hearts Open	Patrick Abent
Mar 31	Happy Easter	Cindy Fuller

**“The Strength of God’s Love Flows through Me!”**

**Sunday Services for April 2024**

In April, we will be learning how to embody the principles of love that Jesus taught us. In his Messages, Jesus never convicted wills, he uplifted hearts. He neither condemned, nor approved the individuals. He simply loved and said, “Follow me.”

**The Living as the Christ**

Apr 07	Kindness	Cindy Fuller
Apr 14	Love	Cindy Fuller
Apr 21	Become	Cindy Fuller
Apr 28	Live in Gratitude	Patrick Abent

**“I am the Christ, Child of the Living God!”**

Join us for this two month series of learning to Christ!

***“We shall do well to remember how much we ourselves need forgiveness, and to learn to forgive freely, judging no-one. Another soul is unknown to us; but it is our duty, our surpassing joy, to search ever for the spark of the divine in all.”***

The Quiet Mind by White Eagle

*Jesus Teacher and Healer by White Eagle*



**Communion**

When the heart truly opens to the Christ blessing, the Christ love, our awareness can be drawn beyond the veils of illusion that cling so strongly to the physical life.

It is in this awareness of brotherhood in the greater life of the spirit that we realize that we are fed by that light which sustains all physical life; which sustains the whole. The bread is a symbol of his cosmic body which is everywhere and for every to take and eat thereof when they are in the spirit– or in the higher consciousness.

The secret of all lies in the Christ Sprit in the heart, and it is the purpose of communion to stimulate the Christ-consciousness in man.....

***“My cosmic body;” he says, “take it; eat; be at one with me. Sip from my cup the divine essence, divine love. Be love, even as I am love. Give love, and know the true peace of heaven. Peace...***

Join us at our Good Friday Communion service. 12:00-12:30ish. Open your heart for a greater blessing of God Love.



Direct emails to the church:  
[iqc@innerquestchurch.org](mailto:iqc@innerquestchurch.org)

See Updates on our website:  
[www.innerquestchurch.org](http://www.innerquestchurch.org)

**Lord’s Prayer**

Our Father, who art in heaven– Holy is Thy name  
Thy Kingdom come– Thy will be done, on earth as it is in Heaven.  
Give us this day, our Daily Bread  
Forgive us our debts as we forgive our debtors  
Lead us not into temptation, but deliver us from evil  
For thine is the kingdom and the power and the glory forever.

**Lord’s Prayer– Metaphysical**

My Father–My Mother God, Creator, you are sacred  
Your Counsel is with Me always. As I follow it, I will know Heaven on Earth.  
You provide all of my desires and needs  
You walk with me in love through it all.  
I choose your world, I choose your Love...  
Yours is the Council, the Light and the Love of all Life!

## Tuesday Nights



**Tuesday Nights, 7:30pm- 9:00pm** *Tuesday evenings allow us a hands on experience to feel God in our hearts..*

**In March, will be lifting our energies to a new base line of love! Each evening will create a new level of awareness and enlightenment!**

### March

- Mar 05 **Solfeggio Tones** Join us as we allow the frequency of sound to uplift, heal and inspire us! Dress comfortably. Patrick is choosing his favorite tone to share.
- Mar 12 **Build Your Own Tree of Life** Journey inward to discover your strengths pass down from parents, how they combine with your unique soul qualities to create your expression in this lifetime. Keepsake art project to take home with you!
- Mar 19 **Spring Equinox** will occur at 11:06pm tonight, and in preparation for this shift in energy, we will be joining and opening to connect with the celestial beings of love that help mankind grow during these times when the veil is thin. Join us for a meditation experience of love and Universal oneness.
- Mar 26 **Solfeggio Tones** Tonight we will meditate to the frequency of 528HZ. This is the frequency of healing the whole body through cell repair. It also heals and opens the heart.



**In April, we will be exploring Love Without End,  
“God and Reality” - Chapter 12  
We will discuss concepts, meditate and grow our lights!**

### April

- Apr 02 **Love is Who God is and Who You Are** Join us as we start our journey of consciousness connection with God and the expanse of Life.
- Apr 09 **Communion leads to Union**– Tonight we touch the blessings that are available to us when we are able to feel our oneness with God.
- Apr 16 **The Rhythm of the Universe**– By understanding how the Universe expands, we can invite that expansion into our personal realities..
- Apr 23 **Illusions and Structure**– How to find the balance of the reality that you truly wish to live in. You create through your free will. Explore a new insight into possibilities
- Apr 30 **God is the only Reality** Rest in the love of Creator and realize your eternal nature of being!

Each Tuesday Night, we will open with our Healing Circle– which we have been doing for 30 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

**Join us if you can. It is time for our expansion into Greater Love Expressing!**

### Women’s Group

#### **March 15 “The Five Tibetan Rites”**

**Andrea Spidaliere** will be leading the discussion and the experience of using these energies to enhance the physical, spiritual and mental bodies.

#### **April 19 “Conversations Cards for Self Discovery.”**

**Patrice Scattergood** will be leading this exploration into loving self in an insightful way.

*Every meeting starts at 6:30 for snacks and the meeting begins at 7pm. All ladies are welcome. Each month is lead by one of the participants.*

**Food Drive in January**– We want to thank everyone who participated in our Children’s food drive. Their intention was to give food to some other little ones who might be in need. Thanks to you all, It was a success and the Children were very happy with the donations!

### Mens Group Meets Monthly

#### **March 4 and April 1**

The men meet at 7pm the first Monday of every month. Their program is to deep dive into issues of today and share what is happening in the individual lives of the participants. You will find a open and loving group of guys.

Come and join them for spiritual brotherhood and expansion.

#### **Crystal of the Month– Calcite**

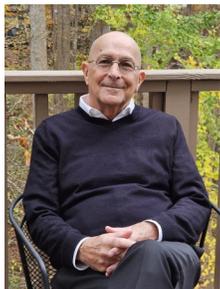
**Calcite helps your mind to remember information from meditation and helps your body to remember its natural state of perfection.**

**Placing calcite of the appropriate chakra color, upon the chakra, will not only clear and activate that chakra, but will also provide a “sweeping” action to clear remaining chakras.**

**We currently have many different shapes and colors available for your healing uses. See Patrick for specifics!**



# Thoughts of the Ministers



## New Vision

Metaphysically we define consciousness as our functioning level of awareness. Functioning is the operative energy.

The age we live in is sometimes called the information age. We are exposed to countless bits of information daily, bombarded some might say. An interesting fact about information is that it is only useful if we use it. These are exciting times, changing times, and I don't think that it's an accident that we are receiving all this information. Perhaps if used, this information could help us navigate and transcend the challenges we are now facing. We are being asked to function at a higher level of awareness.

This age is also about "Spiritual Awakening". We are all waking up to the awareness that we are spirit. We have the opportunity to see ourself from a different perspective. Our true journey begins when we function from this level of awareness.

We used to think we were the center of the universe, now we are aware that we are all just a speck of light, in a universe, also a speck of light, in the multiverse. We used to believe in separation and now we are aware of the oneness of creation and that we are affected by, as well as, affect creation! We are aware of the influence of planets, stars and suns—what influence do you think We have on these? With this expanded awareness how unlimited is our potential to be co-creators? (New Vision)

Our true essence is integral. We are ever evolving spirit as life, in life, and our journey is eternal. A new vision of self is revealed as we step into the consciousness of life and live in this awareness.

Our first step is to be grounded in the knowing we are spirit, one with all. Next we must let go of all that we assumed to be truth and then open to the ever expanding consciousness of life—the true teacher.

We are all the proverbial "Diamond in the Rough" and it is time for us to take this time to refine ourself. As we let go of the old patterns, beliefs and identity that are out of tune for these times, we will become more aware of our true self. We will get to know self, and our unique gift to life. Through the refining, our light will begin to shine brighter and brighter revealing the truth "I AM".

We are ushering in the Age of Light!

Peace,  
Patrick

## Sunday Services

As most of you know, I was guided to take a break during the month of February to allow our other ministers the opportunity to do Sunday Services. And it was amazing.

Because of my eye healing, I have to sit in the back of the sanctuary during the messages. During Patrick's last service, I sat between three beautiful and powerful ladies. As he shared, we were all moved. I could feel my heart opening and a radiation of love moving from me. But what was amazing, I could feel the radiant heart lights coming from the three ladies that surrounded me. It was almost overwhelming—the love, the inspiration and the dedication that was felt in that energy. What a blessing, I normally would not experience.

During Cheryl's service about relationships, she took us to our parents, as our first relationship. I was again, deeply moved and sent love to my own family. I was reminded about the truth, "I could have come to where I stand by no other path." The healing energy was amazing.

In Charmayne's service on Giving and Receiving, I thought I did pretty good in this area, until the meditation. As she directed us to look out on the waters and see all of the good the Universe was bringing to us, I was shocked at all of the good that was headed my way. I cried as I saw the immense energy that God is returning to me. I am humbled and ready to receive.

And then when David spoke, all of my world came crashing down as I realized that I had been walking the Unknown for the past two years. I had never given up my faith in God, but I had certainly waned in my faith in myself. As he spoke of faith and courage, I realized that my courage needed to turn on again! It was time for me to heal. In spite of the human experiences I had been through these past two years, I was in God's care, even when I couldn't see it. That Sunday, I remembered who I was. I am God's Daughter and He Flows Through Me. I now have Faith in God and I now ask for the Courage to keep moving in that faith, even when I cannot see the next step. I now can access the courage to know that that next step is there.

These past few weeks are amazing.

I am in my perfect place loving all those around me.

I am receiving all of the Good the Universe is bringing me.

I can walk this Unknown in Courage and Faith.  
We can share our heart lights with each other as we simply love.

Thank you Father/Mother God for an awesome Break!

Much love to all,  
Cindy



### *We are a working Church!*

*Counseling, Readings, Body Scans, Past Life Readings, Reiki, Reiki Initiations, Inner Light, Color, Crystal Sound are some of the healings available!*

## Sharings



### Death & Transition Class

March 23, 2024, Saturday 1 to 3pm

Spirit has asked me to share what happens to a person's energy field when they are preparing to end their current lifetime. This class will provide valuable information regarding how we all will have this experience and how you can help others during their transition. It will also provide guidance regarding the healing process for those still here.

God is a part of all of our lives, and the death process is truly a great spiritual moment for each soul. Join us as we talk about what no one talks about.

It is our intention to have time for personal questions as a part of the program.

The Class cost will be \$50. Please pre register as soon as you are guided to participate.



### Easter Egg Hunt

All children are invited to join us in an Easter egg hunt, Easter Sunday, March 31, after the service. The Fullers will provide most of the eggs, but if you would like to contribute toward this adventure let us know.

This is always so much fun for the kids and the adults! Please let us know if you will be attending and how many children you are bringing! Thanks!

### March Healing Special– Three Sessions \$180

During the month of March, you can schedule three healing sessions of your choice at a much discounted rate. Each session is normally \$80 per, but during March we are offering three for a total of \$180.

You can receive Reiki, Color, Crystal, Inner Light or any combination of these. You Pick. The series must be scheduled and completed during the month of March.



No carry overs into April!

Check your calendar and take advantage of this opportunity! We certainly are!

### Job Opening at Inner Quest

We are looking for someone to work in the church office. We would like someone with computer experience. Accounting experience or experience with MS Publisher is a plus. We will train you!

Let Cindy know if you, or someone you know, are interested by calling or emailing the church.

Please follow us on:



Twitter.com #innerquestchurch



Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/



## A Child's Wisdom

Our dear church family member, Haley, knew her grandmother would soon depart the Earth plane. She was beginning to process how best to explain it to her three year old daughter, Gisele. Gisele was aware that her great-grandmother, affectionately known as Gigi, was in the hospital.

One afternoon Gisele asked Haley about Gigi, and Haley explained that she was still in the hospital. In that moment, Haley was thinking about how to share with Gisele what was imminent for her beloved Gigi. In the midst of that quiet, contemplative silence Gisele said, "Gigi is going to be with God. Don't worry, Mommy, she is in your heart."

Edie Nichols (Gigi) crossed on February 24, 2024, one day after her 92nd birthday. Gisele was correct. Gigi is most definitely in our hearts

Lori T.

### Kelli Williams *Healer & Reader*



We are so happy to have Kelli on our team at here at Inner Quest. She is a gifted reader and healer. She does Body Scans, Readings, Past-life Readings, Reiki, and Inner Light Sessions. We recently received the following review of her work from one of her regular clients:

*"Kind, authentic, connected... that is what I experienced in my first session with Kelli.*

*We have done a Body Scan, an Inner Light session, and a reiki session over the past few months. Each time, Kelli has shared valuable insight, shown compassion and given me hope. The healing on a cellular and spiritual level has been felt and appreciated.*

*I look forward to each session and appreciate Kelli sharing her gifts and being a channel for love and Light!"*

*Grateful,*

*Barbara Wagoner*

Thank you God for a wonderful channel of your Healing Love and Light! If you would like to schedule a session with

### Reiki Healing Nights

March 9 & April 13 6:00-8:30pm

Reiki nights are a wonderful opportunity to come and receive a 20 minute reiki session on a Love offering Basis. Our healing team has been trained to share a beautiful vibration of pure healing love.

Reiki Energy can not hurt or harm in any way. It goes where it is needed for the body to be and it is our prayer that all who come through those doors receive a healing at a causal level!

Be sure to mark your Calendars for the next Reiki Nights in March and April! You can just drop in or call the office to book your session.

*To have a vision  
Is a gift  
Allows those to soar free  
On wings of imagination and hope  
To truly be*

*Peace,  
Patrick*



Inner Quest Church  
12830 New Providence Rd  
Alpharetta, GA 30004  
770-521-2875

*God Bless.....*