



# INNER QUEST CHURCH

Communications

## Christmas Season

The Most Wonderful Season of the Year—The Celebration of the Christ!



### In this issue:

- Sunday Services –Join the Celebration of Christmas Light
- Tuesday Nights –Sharing God Love and Healing
- Christmas Shopping Sale!
- Reiki Night -Dec 9
- Metaphysics of Christmas– Dec 17at 7:30 pm, Sunday Evening
- Christmas Candlelighting Service on Christmas Eve, Sunday, Dec 24
- Burning Bowl Ceremony on New Year's Eve, Sunday, Dec 31
- Metaphysical Classes Begin–Jan 2024
- Christmas Family Gifts– adding love to the world.

### Reiki Night Comments

*"It felt like a warm soothing wave, a breeze, a hug. Felt so healing and peaceful!" AT*

*"Positive energy flowing throughout my body. Great positive loving experience." BS*

*"Feeling grateful for the blessings! Feel at peace. " DS*

*"I floated above the table at first, then became grounded. Feel like I just had surgery. Energy is high. I am well aware that I have been healed." JJ*

Christmas is the time of connecting with our brother man across the globe as Christians everywhere celebrate the birth of Jesus the Christ. Brotherhood and Love were the themes of Jesus' message, and as we celebrate the Christmas Cheer, we are all automatically drawn to the love we see in our fellow man.

At Inner Quest, we have many opportunities to further expand that light within you and to connect with each other.

For Fun: Christmas Party in the Bookstore— December 2. There will be snacks, and extremely generous discounts.

For Healing: Reiki Night Dec 9. Receive the healing touch of the Christmas Spirit.

For Spiritual Enlightenment: Metaphysics of Christmas, Dec 17, a wonderfully enchanting program of Song and Love. Candlelighting Service, Christmas Eve, Dec 24, light a candle for your own love of Jesus and God. Burning Bowl, New Years Eve is our last event of the year. We will accept the blessings of 2023, release what we are complete with, and set new desires for 2024.

*This December, join your Church Family to celebrate our Oneness with God, Jesus Christ, and Each Other! Your Spirit seeks the light! Come and receive so you can brighten up your world and THE World!*



### Children's Program Expands! Work continues as we create a Space of exploration for the Children

#### The Children are Important

We have been investing in our children in a big way this year. We are so grateful for every teacher and helper that has contributed. Thanks to our anchors – Charmayne, Tamara and Kate. Going into 2024, we will be expanding, not only the classes, but also the learning space for the kids.

Updating the outdoor space-We are so excited about the creative design by Humble Harvest Gardens which is being completed in our kids area. There will be new areas to explore and a safer space in which to play. It is our intention to include more lessons on Nature and being

in Harmony with the energies of the outdoors.

We will also be focusing on teaching the children how to connect with their inner guidance so they know that they always have a choice and a way to feel God.

So far, we have three wonderful teachers who have committed to participate in 2024: Kate Cobb, Tamika Hunter, and Tammy Clark-Davis. If you would like to join our team by teaching one Sunday a month, please let us know. The Children are the foundation upon which our new reality will rest! Let's give them the metaphysics we have learned to love!

I call forth my Angels to guide and love me, now!





## Sunday Services for December 2023

### We shine the Christ in our World!

- Dec 03 The Energy was Prepared  
Dec 10 Trusting the Guidance  
Dec 17 Christ had to Come Where He Did  
Dec 24 The Celestial Moment of Birth  
Dec 31 Taking Your Christ into the World

Cindy Fuller  
Patrick Abent  
Cindy Fuller  
Cindy Fuller  
David Fuller

**“The Christ Light Lives in me!”**

Christmas is the time when we all open our hearts and recognize the tremendous gift that Jesus Christ brought to mankind. This one soul was able to stay in full oneness with our Father/Mother God while he walked on the planet teaching us to do the same. We all know the wonders of his life and work. We know the love and light that remains from his life. But at Christmas, we are reminded of the immense love that accompanied him at his birth. The Universal Angels gathered, ancient masters were there, and all of the love of God surrounded the earth during this great event. The earth itself even had to be prepared so that Jesus could bring this celestial love to us.

And at Christmas, we remember!

Every Christmas, the veil thins and we can feel the presence of the Christmas Angels celebrating God Light coming to earth. We can feel the collective oneness of the Universal love that opened the doorway so that mankind could once again begin to remember who they were. We had forgotten the source of our existence, we had forgotten the power of God love that lived within us all. Jesus Christ came to not only remind us, but to also turn our inner lights on! We were the amazing Children of God— fully capable of living heaven on earth!

Join your Spiritual Family as we gather this December to remember, to re-align our hearts and to become one with our Creator!

*The Great White Spirit, the Golden One, the Source of all life,  
will not fail to raise you up if you will allow yourselves to be raised.*

*You keep yourself in bondage, in chains! Throw off the chains of this earthly darkness  
and see yourself as you truly are,  
a son-daughter of the blazing, golden Light of the Sun  
The Quite Mind, by White Eagle*



### **CHRISTMAS PARTY in the BOOKSTORE**

**Saturday, December 2, 2023  
10am to 2pm**

**Patrick** is opening the doors to the bookstore and running a 4-hour sale. It will be amazing! Come with your Christmas list in hand and bring your friends and family

**Patrick will be offering hot beverages and snacks and working deals. This will be the ONLY time during the holiday season he will offer to sell the crystals, minerals, and gemstones at a reduced price! Don't miss this event!**

**ALL INVENTORY** at least 10% off – **but Patrick is willing to make some deals!** The more you buy, the deeper the discount!

Remember we have a great selection of crystals, jewelry and of course the best Metaphysical Books around!

And if you are looking for a Special Gift– a Gift Certificate just might be the perfect thing!



### White Eagle Prayer of Dedication

May the light of Christ shining in my heart stand guard over my thoughts and guide my speech and actions into ways of service.

To heal the sick in mind and body;  
To comfort the bereaved;  
To sustain the weary.

May the light of Christ illumine my understanding and the understanding of all men, bringing true vision and awareness of the eternal life, and of the Christ within all mankind.

*Book of Prayers by White Eagle*



### Don't Forget our Christmas Family

As you are aware, we are sponsoring several children from DFACS this year. The gifts requested are in the foyer. Please select one, write your name and number, and bring it back to us wrapped and labeled by December 5.

If you are unable to come and select a gift yourself, you can call, donate the funds and one of us will do the shopping and wrapping for you!

Help us make this Christmas fabulous for a few little ones!





## Tuesday Nights

December

7:30pm- 9:00pm

Every Tuesday Night is an experience of Connecting with God at a higher level.  
Our consciousness as a group elevates the individual experiences  
so that a deep experience can be received.  
Join us if you can, or email your prayer requests so they can be included  
in our healing circle. All prayers are held in our baskets for at least thirty days.  
God's love can transform anything.

- Dec 05- **Color for the Christmas Season** Come and get bathed in a fabulous color of joy, enthusiasm, and energy. This will fill us with light to help us move into our Christmas Celebration.
- Dec 12- **Santa Meditation** Our annual meditation of connecting with someone in the Atlanta area that could use some spiritual strength and faith support. Everyone can share their love!
- Dec 19- **Christmas Angel Healing**— The Christmas Angels bring a celestial energy of healing into our worlds. Whether you need a healing of body, mind, emotions, or matter. Come and receive a Christmas Blessing.
- Dec 26- **Building Light for the World 2024** The world needs the light of God now! Bring your Divine Light and allow your heart to join in a beautiful Light Healing for the planet.

*Tuesday evenings are set aside for the purpose of touching the presence of God within our hearts.*

### ***It's Christmas!***

Every year at Christmas time, the angels of God's love and Glory come close to the earth. It may not be as grand an event as Jesus' entry, but the Universal love that covers our world is palatable. When this occurs and the veil thins, messages, inspirations and insights abound. People experience serendipitous blessings completely "out of the blue". We know that the angels have orchestrated every detail. Those who need love are brought to those who want to give love. And the cycle of Christmas energy continues!

This year, let's participate consciously! We can come and share our lights on Tuesday Nights. We can share our healing love with the world. We can expect messages from God about our mission in this world. Christmas is all about connecting in God love. Jesus Christ created the path through which we can be blessed and be used as a blessing.

**This year choose to be one with the Angelic Beings of Universal Love.  
One with Jesus Christ, One with Father/Mother God.**

### 2024– Start your Planning Today!

#### Higher Education Program

*Metaphysics I*

*Aquarian I*

*New Testament I*

**Jan 6—Feb 10, Saturdays  
9:30am—12pm**

*Metaphysics II*

*Aquarian II*

*New Testament II*

**Feb 24—Mar 30, Saturdays  
9:30am—12pm**

*Aquarian III*

*New Testament III*

**Apr 13-May 18, Saturdays  
9:30am—12pm**

*Metaphysics III*

*Aquarian IV*

*New Testament IV*

**Aug 3-Sep 7, Saturdays  
9:30am—12pm**

*Metaphysics IV*

*Aquarian V*

*New Testament V*

**Sep 21-Nov 2, Saturdays  
9:30am—12pm**

#### Metaphysics-

*This Study is four six week classes each designed to build a foundation of understanding energy and how it creates our worlds.*



*You will learn to reassess your beliefs and your creations. Energy is all around you, and how you think, feel, and invest determines what your life will contain. Learn about your own spirit and your desires to experience a world that supports your dreams. This series culminates in becoming a "Teacher of Principle."*

#### Aquarian-

*This series studies Metaphysical principles through the life of Jesus the Christ. You will learn how Jesus' soul left a path for all mankind to follow.*



*Your heart will expand and you will see that you, too, are able to use each thought approach to enrich your personal life experience. Learn to apply the metaphysical principles to your own world.*

*This is an intense study that will change your life. Rev Patrick Abent*

#### New Testament

*This is also five six week classes which will take you through all of the NT with the exception of Revelations (a class of its own). You will learn about the history, interpretations, and idioms that have been misunderstood for years. Learn to "see" the energy in all of the events. We study this so that we can metaphysically understand the intention of the text and begin to see the message within its words.*



#### Summer Classes & Events

##### Prayer for Peace— June 1, 2023

##### Psychic Development III—

*Saturday June 15, 2023, 9:30am to 4pm*

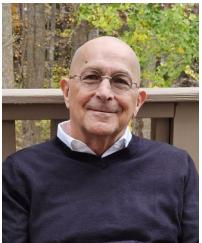
*Thursdays June 20, 27 7:30-*

*9:30pm*

*Saturday June 29, 9:30am to 4pm*

The above are tentative dates for this class. There may also be an additional field trip as Spirit guides. Psychic Development I and II are pre-requisites.





# Thoughts of the Ministers



## Holy Days

“Merry Christing of the masses” is a unique perspective from which to view the journey of man on earth. Our “Holy Days” were created to remind us of the miracles of life. I don’t

know about you, but I think our “Holy Days” have lost their “Holy”. The gift of “Holy Days” seems to have been lost in the busyness of life, and the “holidays” are relegated to a convenient day off from work.

The original intention was to interrupt the sequence of life and create a moment for reflection, remembrance, and perhaps to just recognize the significance of an individual or an event that has positively and profoundly influenced life on earth.

Personally I don’t know of any man who has influenced mankind more profoundly than Jesus the Christ. His gift was that of reminding us who we truly are, the children of a loving God. That as we live, and move and have our being in *this* consciousness, our life will take on a new light. “If everyone would light one little candle what a bright world this would be.”

When I was a child I often wandered about this and I would imagine everyone on the planet holding a candle and I would see earth as one bright light surrounded by an even brighter light. It was a beautiful thought and a beautiful dream.

At Christmas, we celebrate the birth of this dream and the significance of the birth of Jesus the Christ. “I am the light, I make your burdens light, and follow me”—truly reveal the mysteries of the virgin birth. This Holy Day—Christmas—is to remind us of these truths and who we truly are. To “follow me” is an invitation to live at a higher level of consciousness, as spirit manifest as love.

The light we hold in our heart is the gift we are to share . As we individually and collectively just Be, the transformation we seek will be here to see.

We are the light of the world, Love is our only function. That is why we are here. This is one way to put the “Holy” back into this Christmas holiday. Follow me.

Peace,  
**Patrick**



## Merry Christmas

Once again, as we prepare to celebrate our Christmas Holiday, all hearts look to love. Do we find it?

When Jesus came to the earth, mankind was finally ready to receive a greater understanding of the love of God for his children. The Seed of Oneness that Jesus planted would take thousands of years to root and blossom. And each year, we say— we are getting it. We know we are the children of God. We are becoming Love. But are we.....

Even metaphysical Christians look at the events of the world and see only conflict and crisis. Did Jesus’ world look much different? Yet when he looked at the world, he saw a brotherhood. He saw God’s wonders that were coming to all mankind to bless them and lift them into a greater realization of what was living within their own hearts.

Jesus’ world was just as full of control, conflict, and diminishing of the life force in humanity, as ours is. Yet, his message was—you are an individual child of God. Choose what you want to experience. Choose love. Choose God!

Jesus’ eye never left the Father. He knew that in spite of the conditions of our physical world, we are living in a world of spirit. This Spiritual World is God’s. Nothing outside of God’s love is sustainable. It is all unreal and temporary.

Perhaps, this Christmas when we remember the great light that he brought to us in his birth, when we look to that light within our hearts, and the hearts of our brother man...Perhaps, we will be able to see the eternal nature of God’s love in us all.

We know that Jesus Christ connected the human reality with the true reality of the Spiritual World. He connected us on every level with God. Through his Light we are able to feel the Spirit of God in a way that is undeniable. It is more real than anything else on this planet. Jesus gifted us with that oneness.

This Christmas, lets be thankful for all of our family, friends, and the humanity that walks with us. Let’s be grateful for the planet and all of the sustaining energies that allow us to enjoy this reality. But most importantly, let’s be grateful for the love of Jesus Christ. What a Grand Moment it must have been when his Light entered us.

From the depths of our hearts, we can say to all of our world— Merry Christmas!

My Love to all, **Cindy**



## December Events

**Mens Group– Monday, December 4, 2023 7pm-8:30pm** Our men love to gather to discuss what is happening in the world—metaphysically! They will sometimes Divine Dip into the Aquarian Gospel to get a message for the day. All men are welcome to join this group— come and share your light!



**Reiki Night– Saturday, December 9, 2023 6pm to 8:30pm** Reiki nights allow you to come anytime during our two and a half hours to receive a Reiki healing on a love offering basis. Each session is approximately 20 minutes long. You can also schedule a specific time for your healing so that you don’t have to wait. Just call the office, let us know what time will work for you, come at least 10 minutes prior to your appointment and you will receive an amazing Reiki healing! Mark your calendars.

## Why Jesus?

### ***Jesus, Teacher and Healer*** by White Eagle

"Many people today do not like the idea of a mediator between themselves and their God. They like to feel that they go direct to the Godhead. They accept the truth of God as an infinite being, a divine intelligence which orders all things; but do not associate that divine intelligence with any human being, thinking that this limits their conception of the infinite power they worship as God.

Yet all souls in the end come to realize their need for a spiritual teacher, one greater and wiser than themselves, who has trodden the same path and therefore can point out the way. Man feels the need for a teacher, one like himself, one who understands his weakness, his weariness, his ignorance, one who loves him.

Through such human and divine love man is himself lifted up to mastery. The only way to attain to this high degree is through a life controlled and mastered by love, a love which contains all the virtues of **THE MASTER!**"

### **The Metaphysics of Christmas**

**December 17, 2023-**

**Sunday 7:30pm**



Once again, we will be presenting our very own "Metaphysics of Christmas" program. With message and song, you will feel the love of Jesus the Christ and his great gift for mankind!

We will learn about:

***The journey of mankind on this planet.***

***How we got so focused on our individual natures.***

***How we all came to feel so isolated in our walk.***

Then we will see the great love God has for all of His children. Have you ever wondered-

***"How did we get here in the first place?"***

***"Why did God send Jesus, the Christ?"***

***"Why did we forget our Divinity?"***

The journey of man and the Christmas Story is an event honored by the Angels.

Join us for a fun filled evening as we remember the great love that created us and the great love that was given to us in Jesus' coming. There is magic in the Gift of the Christ!

Mark Your Calendar and bring a friend to share in this evening of Enlightened Fun!

Refreshments to follow~

## Holiday Activities

### **Christmas Eve Candlelighting Service**

**Sunday, Dec 24 at 7:30pm**



**The light of God's love  
shines all around us,  
but no place brighter than in our hearts.**

On this very Holy night, we gather to celebrate God's Love and the Love of Jesus the Christ.

We can always feel his presence and the presence of the celestial kingdom loving us and reminding us that we are truly the children of God. There is no doubt that the heavens and the earth truly became one in the moment of his birth. We can feel and acknowledge the Love of God within our own Hearts.

Our Candlelighting service is amazing! Together we will illuminate our world with Peace and Love. God is our Creator and Jesus Christ his Gift to mankind. Come and shine your light as we shower the world with beauty from our hearts. Be part of the beauty as everyone lights their candle in honor of the light still shining in each of us.

**Love Offering**

### **New Year's Burning Bowl Ceremony**



**Sunday, Dec 31 at 7:30pm**

It is time for all of us to reclaim our ownership over the details of our lives. No matter what you have been going through, it is time to awaken to your spiritual consciousness and begin to create the world you want to experience!

Tonight, please join us as we release all of the patterns, concepts and difficulties that no longer serve our forward motion. As we release these behaviors, we can then claim our new patterns! What do you want to experience? Growth without pain? Joy while being adored? Infinite supply from the Universe? A total and complete connection to God?

Let's let go of who we were in 2023 and embrace our New Self of 2024!

**This is God's World and I am a Part!!!!**

**Love Offering.**



**Please follow us on:**

**Twitter.com #innerquestchurch**



**Instagram.com/innerquestchurch/**



**Facebook.com/innerquestchurch/**

**Direct emails to the church:  
iqc@innerquestchurch.org**

**See Updates on our website:  
www.innerquestchurch.org**

### Our Gift

**Christmas light, a welcome sight  
Can free us from our boredom  
Or the busyness we choose to see  
This gift can set us free**

**To take a breath and release the day  
Prepares our heart for greater  
We know there is more than meets the eye  
Just go within—give it a try**

**Innocent perception  
The gift of the virgin birth  
When our eye is single  
We will see the love on Earth**

**To celebrate the gift of love  
To be its unique expression  
A catalyst for all to feel  
Our gift—to make love real**

**Peace,  
Patrick**



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*God Bless.....*