



INNER QUEST CHURCH

Communications



Congregational Meeting

On April 21, we had our annual congregational meeting. There were many happy members present to share their light and love with their church family.

Reviewing the data allowed everyone to see that our church reaches a lot more people than those who attend in person. Since our marketing focus began several years ago, we have been able to consistently provide inspirational thoughts for the world. And the numbers of those that follow us, and those on our mailing lists, and those that subscribe to our channels has continually grown. Outreach is awesome!

During the meeting, a lot of suggestions were shared as to how we might bond, and grow together as a church. Many people are interested in more outings and events. There was an interest in having “Random Topic Workshops” that present new and useful information regarding actively living Metaphysically in this world.

Staffing Changes were announced. Terry Lufkin was presented as our newest Church Council member. She is joining our council as Bonnie Westbrook steps down in anticipation of her move next year. Joining our front office staff is Kate Cobb who will begin working full time in May.

We want to thank all of our members for their joy and participation. Through sharing their loving hearts, we felt a new level of energy being created at the foundation of our Inner Quest Heart!

In this issue:

- Sunday Services—Jesus’ lessons to the world
- Tuesdays Nights –Meditations for the Chakras and Past life exploration.
- Reiki Nights May 11 and Jun 8
- Meditation for God’s Love and World Peace—June 1
- Psychic Development III Classes start June 15, see page 5

Reiki Night Comments

“Wow—God’s Love—the music—the team—Vibrating! My right shoulder began to hurt then released. Praise for the entire team.” VL

“Better! I had trouble getting back into my body; felt out of place then all connected. My leg feels better now and is well on it’s way to healing. Thank you! JJ

“The session was lovely. I felt connected to God and could feel waves of energy move through me.” CI

“The energy was so powerful-flowing through my body where I needed it. I could feel the energy waves going through me, like a heat wave of healing! Thank you so much!” AT

“Total peace. I felt lots of movement around my sacrum and knees. I saw the color green at one point. I feel rested and rejuvenated. Yay God! CL

The Inner Quest Choir

We love our Choir! And this Easter, they were particularly spectacular! Listening to them in person is always such a special blessing as they raise the energy of the entire property! We want to thank them all for their hard work and beautiful sound. They literally pour their hearts and souls into every piece they share. They are each so dedicated and radiant in sharing their lights with us.

Thank you to Meredith Burns for all of the back work, planning, preparing and working with the Ministers in their special requests. And thanks to Rachel Shively for holding the group in focus and keeping our sound system working! Also, thank you to Dick Wagoner for his wonderful guitar accompaniments! And of course for all

of the voices— (picture l to r) Rachel Shively, David Farner, Andrea Spidalieri, Bonnie Westbrook, Peggy Mills, Meredith Burns, Dick Wagoner and Terry Lufkin. You guys are the Best!

They are always a joy to behold. BUT, if you find that you can’t join us live, you can watch on Facebook. Or you can go to our Youtube Channel. Some of their work can be found on Youtube under the Choir playlist!

Please enjoy this Blessing to us all!



*The Journey of Live is to Know Oneself,
the Path Begins in the Heart!*



Sundays 2024– A New Way

Jesus' Path of Growth

We are a church that seeks to follow the teachings and the path that Jesus Christ left for us. Some of these teachings come from his journeys as a young man, and many from the three year ministry he had with his own people in Israel. In every chapter of the Aquarian is a lesson of love, truth and a path given for us to follow into a greater knowing of ourselves as God's children.

In May, we will be looking at a few of the lessons Jesus experienced as a young man and when he was studying in India, Nepal and Persia.

Then in June, we will look at his first year as he begins His ministry with the Jewish people. His ministry of enlightenment, evolution and change. To his people, he would bring the energy to completely change their relationship with God, individually and as a group.

Sunday Services May 2024

Jesus' Foundation for the World

May 05	The Energy of the Ten Commandments	Cindy Fuller
May 12	Jesus in India– The Equality of Men	Patrick Abent
May 19	Jesus in Nepal- Learning a New Path	Cindy Fuller
May 26	Jesus in Persia– Love heals Evil	Cindy Fuller

“I now take steps to own my Divinity!”

Sunday Services June 2024

Jesus' First Year of HIS Ministry

Jun 02	Jesus' Preparation for His Mission	Patrick Abent
Jun 09	Jesus Introduces Concepts of the Christ	Cindy Fuller
Jun 16	Jesus– Healing and the Soul	Cindy Fuller
Jun 23	Jesus– Live Your Truth	David Fuller
Jun 30	Celebration of our World Today	Cindy Fuller

“I follow the path of Jesus the Christ. I am filled with the love of God!”

“Walk in Peace”

**Walk in peace. Be undisturbed and unperturbed;
all is in God's plan. Never doubt this.**

Bring God into your life, and you will see the Miracles!

The Quiet Mind by White Eagle

Life & Teachings I

We have been perfectly conceived and are always held in the perfect mind of God as perfect beings.

When we realize this, we can know ourselves as we are, not what we thought ourselves to be.

*“It is not the Being of the form that we wish to change,
But the form that Being has assumed.”*



The Greatest Moment

Over two thousand years ago, Jesus the Christ was sent to Earth to bring the great love of our Father/Mother God to man. We all know the story of Jesus's birth and His life. And at some level, we are all aware of the immense impact He had on us.

At some point in our history, we, as a people, realized the power of His coming and actually decided to begin measuring our time from His birth. This was a way of marking life on Earth before Jesus (BC) and life on Earth after His coming (AD). In our new world, the markings of time may have changed to CE (Common era), but the starting point did not change. Jesus the Christ began an entire new world. His presence brought the Father's love to each of us in such an intimate way. We could no longer deny our connection to God. We now knew that we had not been forgotten or abandoned.

Metaphysically, we know that Jesus' birth created a bathing of the atmosphere of Earth with celestial lights. As God's gift of love was given, hundreds of angels and heavenly host participated in seeding the blessing throughout the world. And when Jesus ascended, the light within His own body, (a pattern of the Christ) was shared with all humankind.

“Lo, I am with you always, even unto the end of the world.”

The gift of Jesus the Christ is here still. And it is more powerful than ever before. With every heart that opens and listens and tries to understand, a spark of love grows and multiplies the consciousness of us all.

How will we mark the time in our new millennium, I wonder. Perhaps C.E. will eventually change from representing the common era to representing the

CHRISTED ERA.

Reprinted from our newsletter December 1999



Direct emails to the church:
iqc@innerquestchurch.org

See Updates on our website:
www.innerquestchurch.org

(770) 521-2875 Call to book your Healing Session or Reading today!



Tuesday Nights,

7:30pm- 9:00pm

Tuesday evenings allow us a hands-on experience to feel God in our hearts..

Why are we here, and how can we learn to navigate this reality with a sense of power and choice?

In May, we will be activating our chakras and aligning their vibrations with our Divinity. Be here in full conscious awareness and choose your journey! This life is for you!

May

May 07 **Meditation in Crown** As we lift up our awareness and open the God Consciousness in our heads, we are able to channel the Star light in our lives..

May 14 **Meditation in the Heart** As we connect with our hearts we bring greater love to this lifetime. Connecting our Higher Self with our Human Presence.

May 21 **Meditation in the Solar** Time to activate our sense of belonging in this reality. Join us as we claim our power and begin to walk in confident love..

May 28 **Meditation in the Spleen and Root** Life now becomes very real. Your attention in this reality can become the vehicle through which your dreams are manifest!

As with each Tuesday Night, we will open with our Healing Circle. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

The Journey of Life is to Know Oneself. The Path Begins in the Heart!

Reincarnation Patterns!



In June we will be recognizing the energies that we have brought from past life experiences. Be they assets or lessons, we have chosen these experiences to help us accomplish in this lifetime!

June

Past Lives Whether we have brought patterns, people, or great goals, all of our past experiences will affect our current choices. And without recognition, we can feel these energies pulling us to the past! Join us as we explore these Benefits from our past lives.

Jun 04 **Childhood Interests** Tonight we will look back at our own childhood and some of the many unique interests we had.

Jun 11 **Other Countries** We have all been inexplicably drawn to other countries, cultures, and timelines. Tonight we will explore how these energies might be telling us something helpful for today.

Jun 18 **Dreams and Longing** Many times we have unfulfilled dreams from other times and spaces that we seek to fulfill or finish in the current lifetime. Come and explore with us.

Jun 25 **People Attractions** How do we know when that unexplainable attraction to someone literally knocks you off your feet? We will always recognize souls that have been close to us. But are they to play a part in our current lifetime or not?

Welcome Kate Cobb



As of May 1, Kate Cobb will be joining our office staff. As you all know, next spring, Bonnie will be moving to South Georgia. After over 20 years with the church, she will be greatly missed. And Kelli, who stepped in over two years ago to help us out when we lost our office

help, will also be leaving her desk this summer.

So, Kate will be training under Kelli to learn all of the daily details in handling clients and the general office work. She will also take over the marketing and advertising work.

THEN, she will begin her year long training under Bonnie as she learns all of the accounting, inventory, and details of running a company.

At the end of the year, Kate will be our "official" Office Manager in every way. We are so grateful for Kate!

And thank you Kelli, you are truly amazing in all you do. We couldn't have done these past two years without you.

And Bonnie, what can we say? You are the Best! You have been a rock in this church— a foundational energy of love. We will always love you dearly!

Women's Group- New Meeting Times!

Some changes this year.

- 1) Meetings will now be held on the second **Monday** of the month, every other month. This will begin in May.
- 2) For May Monday the 13th.
- 3) There will be no June meeting.
- 4) Beginning with July, we will meet every other month on Monday of the 2nd week of the month.
- 5) There will be no December meeting.

All meetings will still remain at the same hour: snacks at 6:30 and meeting starting at 7:00.

All women are welcome.

We would love to have you join us and share your light!



Reiki Night for May and June

Our Monthly Reiki Night sessions will be May 11, and June 08. Every evening begins with sessions starting at 6:00pm. Our last sessions start at 8:30pm. Each session lasts 20 minutes. You can come and wait for an open table, or you can call ahead to reserve your time. Reserving your time is actually recommended as we have been filled to capacity these past months. Also, if you reserve, please be here at least 15 minutes prior to your time slot, or it will be given to anyone who is waiting.

These reiki sessions are always amazing! Book your time today!

Love Offering



Thoughts of the Ministers



Carpe Diem Y'all

To seize the day—how many of us truly seize the day—make the day our own. It's an interesting concept that each day is ours. It's even more interesting to realize that we create the day.

We typically look at the world as being outside of us, separate from us, rather than being one with us. We try to fit into the world living our life from the outer, and wonder how we lose ourself. We allow life to influence us with out being aware of it, and before we know it, a tangled web we've created.

When we are "out there" chasing life, past patterns and future dreams distort the day. The now is our time to shine. The now presents to us the true essence of God - creation. The essence of God is expressing thru all - creating, sustaining, and recreating - including us. Each day is an opportunity to consciously participate as creation, to be the unique aspect of creation we came to Be. Understanding of the simplicity of God's plan comes thru our daily conscious participation as life. How are we doing?

Life unfolds perfectly when all play their divine part as the unique expression of love. Just as the mighty oak is compressed into the acorn, ready to unfold and reveal its uniqueness, we too are seeds of God thought destined to unfold as our unique expression of love.

The right use of our energy each day supporting oneness in life is "Righteous". When we choose to live each day in the consciousness of harmony we will truly know how loved and supported we are. Each day when we ask "How can I allow the day to support my uniqueness" we open the door to expanded consciousness, universal support and revelation. Do we answer the call?

When we choose from the now—the eternal now—our choices will always support the good of the whole.

We influence life with words of love, thoughts of love and acts of love and become our unique expression of love. We become a "Divine Influencer".

Seize the day—then give it away.

Peace,
Patrick



Lessons Abound

One of my clients recently asked me, "When will the lessons stop?" I paused and became very quiet. I knew that the lessons they had been experiencing were all a part of their soul's growth journey. The lessons would not stop until they had completed the level of consciousness that they had set out to achieve in this lifetime. So, I taught them to ask for grace and ease.

Every experience that we have is an opportunity for us to actively apply the metaphysical principles that we are learning. It is so easy to turn to our emotional bodies when things become difficult; or when things happen to us in ways that we do not enjoy, or ways that create a sense of pain. Pain is always about our not being able to understand the underlying energies that are moving at that particular moment of challenge.

Lessons are very carefully crafted by our Angelic team and our Higher Self so that we can easily move through what appears to be difficult and into a space where we are safe and cared for.

Most of the time, when these moments of challenge occur, they do not present to us as something that we created, or as something that is pleasant. These are the moments that we need to remember that we are living in the Will of God. And God's will for us is that we should live in love, flourish, share our lights with the world and prosper. God's will does not teach by being harsh or difficult. God's will teaches by opening doors to possibilities and closing doors to the wrong directions. But we tend to have emotional responses to the things going on around us. We don't like the difficulty! But, we have also agreed to it.

Pause, and remember. *"I did ask that God's will be done. I did ask to grow my consciousness to a higher level of beingness. That door shutting may, in fact, be a great blessing. God's will for me is to be cared for in his love. I did ask to learn through ease and grace! Therefore, I will not fight this. I will not see this as a failure of the universe to provide. I will flow with the energy that is guiding me to my next step. I will see this as an opportunity to create something that I could have never seen on my own. I will respond with my love to the path that is now opening for me. I am in God's grace and ease."*

It is that easy. The lessons come, we learn and then that lesson is no longer required. We have successfully navigated the situation and stayed in love and hope for our life journey. Then we get to rest, enjoy until the next opportunity to grow presents itself. And we must trust again.

Stay in the love of our Father/Mother God. This life on planet Earth is actually designed to be a fun journey of peace.

Stay in the flow of ease by staying in God's love for you.

My Love to all, Cindy





Psychic Development III

Class Schedule

Saturday, June 15.... 9:30am—4:00 pm
All Day Session. Bring Lunch
Thursday, June 20.... 7:00– 9:00 pm
Thursday, June 27.... 7:00-9:00 pm
Saturday, June 29.... 9:30am-4:00pm
All Day Session. Bring Lunch

In Psychic Development III, we will be offering a hands-on experience as we learn to use our abilities in a new way. In Psychic Development I, you learned how to read and interpret the energies of another. In Psychic Development II, you learned how to do very specific readings allowing you to go into depth in providing insight to others. Now in Psychic Development III, we are taking it another step. You will be learning how to use your energies to help clear, enhance and bless the world of others. So, as you can see, Psychic Development I and II are a pre-requisite for this series.

In this class, you will learn how to “read” and communicate with the energies in the environment.

House Clearings and House Blessings
Reading the Fairy and Nature Kingdom
Communication with Souls on the Other Side
(Soul Rescue Work)
Missing People
Locating and Closing Vortexes

Several of these techniques will require a field trip. We will try to schedule those during the Saturday classes, however, we may have to add other dates to accomplish this.

Please go within your heart and see if this is your next step in using your abilities for God.

The fee for this class is \$500. You can sign up in the lobby, or call the office. This class is only taught every 3 to 4 years. We are excited that the time has come again!

Please follow us on:



Twitter.com #innerquestchurch



Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/

Meditation

God's Love and Peace on Earth

Saturday, June 1

10am to 12pm

Join us Saturday, as we meditate on the Grounds. It is time to hold the energy as one heart in order to guide the planetary consciousness toward God's Love and Peace.

First Meditation– 10am **Pure God Connection**

We will begin with a Guided Meditation to connect with God's love in our bodies, minds and spirits. Then we will move into a global connection of pure love.

Second Meditation– 11am **God Love in All Life**

We will now open our hearts to connect with all of the life forms on this earth. We will link in harmony and supportive love to all life. We will create a grid where all can feel the love of God and of their fellow man.

After the meditation's conclusion around 12pm, You are welcome to bring your lunch and stay on the grounds to enjoy the energies of Peace.

2024– Let there be Peace on Earth



Men's Group

May 6 and June 3

The first Monday of every month. Each meeting runs from 7-8:30pm. This is a time of fellowship, spiritual enlightenment, and fun. All men are welcome.

Just Come!

No Spring Festival this year!

InnerQuest
FEST



October 12, 2024

This year we will be hosting ONE Festival and it will be this FALL!

We will be putting all of our energies into making our Fall Festival the Best Ever! We are already signing up participants!

So, if you are a vendor, or a Reader, or a Healer– please mark your Calendars, and give us a call. Let's make sure we have you on our list!

We are taking a little break this spring, but plan on coming back with a fresh energy of love and abundance!

If you need a healing or a reading, we are available for that during our regular hours at church. Call and let us help you with a personal session today! Have a great Summer,

See you in the Fall!

Eclipse

It's time for all to take a step
To move beyond the normal
For what has been the "status quo"
Has kept us all to formal

Locked in patterns of logic and reason
Too often we miss the day
And the opportunity just to reveal
Our unique Love—that it is real

Creation is the simple way
To erase a past that's had its day
Dare we take another chance
To enter in this cosmic dance

Dream in the new reality
Walls will come tumbling down
Now free to be who we came to be
Our destiny—plain to see

**Peace,
Patrick**



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God Bless.....