



INNER QUEST CHURCH

Communications

Thanksgiving Celebration



In this issue:

- Turkey Lunch Day, Nov 06,22 immediately following the service.
- Sunday Services –Learning to Receive the Blessings of the Universe.
- Tuesdays Nights –Color to Enhance your Energies! And Meditation to connect Your Soul.
- Sponsoring Nine Children for Christmas Gifts.
- Metaphysics of Christmas will return stronger than ever– Dec 11 at 7:30pm.
- Reiki Night– November 12
- Christmas is Coming!

On November 6, the First Sunday in the month, we will be celebrating our church family with a “Turkey After Church” lunch. The Mens Group will be cooking lots of turkeys in a variety of ways. Some will even be cooked on the premises! The last time they did this, we had a Trash Can Turkey, a Smoked Turkey, a Roasted Turkey and a regular Oven Turkey! Always an adventure, each turkey is prepared with love.

This year, the Womens Group will be providing the sides. We are hoping for a beautiful day filled with a true celebration of life and the love of our spiritual family! We are also celebrating Inner Quest’s Birthday~ We will be completing our 32nd year on November 20! We are so grateful that God has continued to provide, guide and bless our church and church family. There is no doubt that this has been the Spiritual Journey of a lifetime for us all!

Come and join us if you can. Remember, this is the Sunday when we will be turning our clocks back an hour. So, you will have an extra hour to spend with people of like mind and open heart. We are all on this journey of awakening together! Let’s celebrate the lifting in consciousness that we are all doing!

Everyone say– Yea God!

Inner Quest Church Sponsors Children for Christmas!

Our Christmas Kids

We love to share our love with the world. This year, we are sponsoring nine children from Cherokee County DFCS. Each year, we are approached to participate because this is a giving church!

So, if you would like to help with this gift giving effort, you can’t come to church, you can call and select the child and the gift you want to sponsor. If you are not able to go out yourself, just let us know and we will purchase, wrap it, and make sure it is included with our piles!

If you are coming into the church, you will find the lists in the foyer. Please see what gift you would like to give, sign your name for that particular gift on our master sheet and take the tag with you (the sizes and details of your gift are written on the tag). This year you are able to wrap all gifts. However, make sure you return the package tagged with the gift number and name of the child.

We are always so excited to participate in this process. And we are always one of the first people solicited to help. Nothing but compliments come in for the bounty that is shared by our group! And Patrick and I are so very grateful for each and every one of you! Remember every little bit helps to make Christmas wonderful for these kids.

All gifts are to be labeled with gift number & child name

God Loves Us Completely!

“Inner Quest is full of love and light” PM

“A marvelous place for spiritual growth and fellowship. Love Grows here!” MA

“My wonderful spiritual family... love your light.” LS

“Amazing people and very inspirational teachings.” CH

“Wonderful place to fill your soul with Spirit.” TC

“A welcoming environment where the individual can learn and grow.” BW

**You can email us at:
iqc@innerquestchurch.org**

**Our website:
www.innerquestchurch.org**

**Facebook.com/
innerquestchurch/**



Sunday Services November 2022

We live in God Goodness!

During the month of November, we will move into the showers of God's love and blessings! The universe constantly seeks to provide all of our needs and desires while maintaining an atmosphere of love and support. We are the blessed Children of God, placed on this planet so that we can thrive and become Light Beings –creators of the Manifest!

Nov 06 Blessings Abound
Nov 13 Acts of Kindness are Investments
Nov 20 Happy Thanksgiving
Nov 27 Preparing your Christmas Heart

Cindy Fuller
Cheryl Provence
Cindy Fuller
Patrick Abent



“Gratitude Opens the Door to the Universal Flow!”

As we open to our Christmas season on November 27, we will be welcoming some Special Music to kick off our Holiday Time.

Heather and Mike Wilson (and company) will be joining us. They will share an original Christmas Song written by Heather, and will do Cindy's favorite Christmas Carol, God Rest Ye Merry Gentlemen. Sung in the 1400s, it was the song of the common people of the time. And is always used to open our Christmas Celebrations! On the Same Sunday, we are looking forward to an offering song from our Children. A Great Way to Start the Season!

Sundays provide us time to gather and align with the light of God as a group! Whether you are in person or on Facebook streaming, your energy is felt and contributes to the collective love! We are so grateful for you!



Come join the fun! **Our Fourth Annual** **CHRISTMAS PARTY in the** **BOOKSTORE**

Saturday, December 3, 202
10am to 2pm

We will be Eating Cookies
Drinking Cocoa, and Cutting Prices

Patrick is opening the doors to the bookstore and running a 4-hour sale. It will be amazing as it always is!

ALL INVENTORY at least 10% off – **but Patrick is willing to make some deals!** The more you buy, the deeper the discount!

Remember we have a great selection of crystals, jewelry and of course the best Metaphysical Books around!

Every year, Patrick makes this event a wonderful experience with lots of surprises and great deals. Sometimes, he even opens up his special stash of crystals to sell.

Come with your Christmas list in hand and bring your friends and family. Join us for Shopping and

Refreshments – or just come for the fun!

Weekly Specials in the Bookstore
will be announced on Sundays during
December.



Metaphysics of Christmas

This year we are very excited to present our annual story of the Christ and our journey. We have over 20 people involved in making this an exceptional presentation.

Please mark your calendars for Sunday night December 11. We will begin our program at 7:30pm. If you would like to help us with this awesome event, we are still looking for folks who can help with makeup for the singers- (that evening).

We would also welcome Christmas treats to be shared after the performance. This is always a wonderful evening to stay, celebrate with our actors and enjoy refreshments with your church family. For many this is the first Christmas event of the season. Be sure to plan to attend and bring your family and friends. Childcare is provided for the little ones.



Inner Quest Church– Happy Birthday *Turns 32 Old!*

Nov 20, 1990 We were born! Thank you God for 32 Years!

We will be closed November 24 and 25
for the Thanksgiving holiday



Tuesday Nights 7:30pm- 9:00pm

Tuesday evenings are set aside for the purpose of touching the presence of God within our hearts.



November's time change brings a great blessing to our Tuesday Nights! As the daylight has changed, we will be able to do a group Color Healing Session during two of our Tuesday Nights. In these sessions, we will use a different spectro-chrome color to infuse a healing vibration into your consciousness. Then the other three Tuesdays, we will be exploring meditative techniques to connect with a deeper state of relaxation and receptivity.

The First Tuesday Night we will learn a heart breathing technique that we can do daily to connect our minds and hearts. The Third Tuesday, we will be allowing the 528HZ frequency to heal us on every level. And then on the Fourth Tuesday, we will do our annual mediation of gratitude for all that we have received. Join us for each week of expansion.

November

- Nov 01 **Breathing Technique** Tonight we will experience a way to use breath to clear and open our chakras.
- Nov 08 **Color Therapy—Magenta** Magenta strengthens our core and balances our emotions. Join us for a relaxing evening and dress comfortably.
- Nov 15 **Solfeggio Frequencies** The Hz frequencies stimulate the body to heal. 528 is the Heart Chakra and the healer of the entire body. Come to meditate in this vibrational energy.
- Nov 22 **Thanksgiving Meditation** Tonight we will open to the Universe with Gratitude for the year and for all of the events and people that have made our lives rich and full. Time to connect with the Universal in all.
- Nov 29 **Violet** Our crown chakra energy, violet stimulates our remembrance of our divine plan and our connection to the details of our lives. It supports our immune system by building our white blood cells.

This month is an opportunity to experience the different aspects of God's awesome Healing Energy.

Prayer Basket

Don't forget to send in your prayers vial email if you can't make it in person. The Blessings of our collective consciousness aligned with God is Amazing!

2023 BookClub News

It has been decided that the bookclub will meet four times on the Following Schedule:



- Feb, 05— Andrea will lead
- April 23—Looking for a volunteer
- July 09- Looking for a volunteer
- Sept 24- Looking for a volunteer

We have decided that this year, we will be reading books that are science-based. This should bring in an interesting and enlightening experience for all.

We are planning to meet at the church.

The book club is always a great discussion. Books are all selected without anyone having read them. This ensures that all will have their own unique appreciation for the information. If you have any interest in joining this group, please let Bonnie know. 2023 looks like it will be a fabulous investment in wisdom and higher consciousness!

Reiki Night Nov 12, 2022
Come any time between 6:00 to 8:30pm
OR reserve your time for the perfect healing session for you

After taking a break in October for our Festival, we are back to our monthly Reiki Night sessions.

Reiki is a natural healing energy that channels through the Healer and will move deeply into your entire body matrix. Healing the physical cells, the energy patterns, and the emotional bodies, this gift from God is a gentle and easy way to receive a deep transformation!

All of our healers are trained by us and simply ask for the perfect healing for each person who comes.

Come and receive what your body needs to help you take your next step in the world!





Thoughts of the Ministers



Creation

We are wrapping up another year in the creation process on planet Earth. Fall is knocking at the door and is a welcome guest.

The literal shift in frequency from summer to fall reveals the continuing of our time loop in this physical world. We experience life thru cycles. If we look a little closer at cycles, we will be able to see the balance of birth and re-birth, of giving and re-giving, as the simple essence of creation.

I think this is where we can say “it’s all good” and begin to step out of duality. Allowing life to flow and unfold naturally supporting growth and expansion on all levels. Our experiences are integral to the whole—not separate—revealing the balanced exchange of energy as life creating life.

When we see the end of something, if we look deeper, we will probably be able to see the birth of something new. The never ending story is God’s gift to man and our gift back to God.

Now what to do with this Gift. Well, the planet is in the process of transformation, re-creation, and the vision we hold thru this process is our power. We know that as we hold a higher vision we open our minds and expand our conscious to greater good. A higher ideal can now be received.

The Aquarian Age presents the space for this transformation-individually and collectively- all life is transforming to a higher expression. The basic tenants of this new age are spiritual enlightenment, communication and brotherhood. The time is Now to put the books down and live as one.

Spiritual enlightenment allows for divine manifestation with the understanding that all life is connected as one.

Communication on all levels transforms suppression to expression. As all life is allowed to express it’s uniqueness, our new pattern will be revealed.

True brotherhood is the reflection of God’s love made manifest. The Brotherhood of Life is our Now step. Our Gift to God.

Peace,
Patrick

Evolving in the World

*When someone calls you Teacher,
They want to learn from you.
When someone calls you Master,
they want be like you.*

*When someone calls you Grandfather or Grandmother,
They are acknowledging that your journey is sacred. You have walked the walk, on a path no one else could do. Your knowledge is honored and unique. You have done what was yours to do to forward the life force of humanity. You have walked through the fires, waters, and conflicts of life to emerge one with life Itself.*

Being an ancient one means that you have personally witnessed the hand of God reach down to assist His Children to recover when they have stumbled. You have seen God intervene to soften the effects of a destruction that his Children had, themselves, created. And you have seen God respond to the prayer of one single soul- which brought about peace and generosity to the hearts of His children.

Yes, my Grandfathers and my Grandmothers, I honor the walk that you have taken. I honor that no matter what you have seen, you have learned to love God all the more. The gifts that you have given along the road have blessed each soul that has followed. No, they will never know who you are. They may not even realize the sweat and tears that accompanied your growth- the growth that benefits them now. But God knows, and God is grateful that His children can see the sacredness of the Life He has given to us.

And one day, my Grandfathers and my Grandmothers, I will join you. I will take up my sacred space in your realm of wisdom. I will no longer have to teach like I did when I was younger. I will no longer have to lift others in a path of dedication and discipleship. I will simply have to be. I will allow the vibration of all that I have seen, all of the miracles I have been a part of to continue to move through my soul so that my song will still be heard in the consciousness of mankind. And in this, I will stand with you- the ancient elders of Mother Earth. And from this vantage point I will be able to see that mankind is lovely.

In spite of the smokey distortions, I will clearly see the brilliance of every soul, every heart, every Child that emanated from the heart of God. And It will be Beautiful!

My Love to all,
Cindy



Higher Educational Classes 2023

During this next year, we will be offering new versions of many of our classes. Psychic Development I, II and III will be offered, Along with Healing I, II, and III. These will

provide you with “hands-on” techniques to work in the world.

In addition, We will continue offering our foundational classes which will teach you the basics of Metaphysical thought and how to understand the energies of the Universe and God in your life.

Metaphysics I- is your first step. if you are ready to expand your understanding of Metaphysics and how these concepts affect your world, this six week class is for you. Even if you have studied energy before, you will learn so much more in this program. Saturday mornings, 9:30am—12 pm. \$160 for the series. Starts Jan 7

Aquarian I-Once you have completed all of the Metaphysics studies- you are eligible to study the Aquarian Gospel. Your heart will open in a new way as you study the journey of Jesus Christ. Saturday Mornings,

Sharings



Our Fall Festival was Amazing!

We would like to thank all of the participants in our Recent Festival. A tremendous amount of work does into preparing the details— thank you Terry Lufkin. And it was totally worth every moment.

The day was beautiful and the energy was high. You could feel the love of everyone there as well as the love of the angels and celestial healing teams. So many wonderful readings were received. So many wonderful healings were received. And the vendors did great!

We are so grateful for everyone who came and contributed in any way.

Please mark your calendars for 2023.

Our Spring Festival will be on May 13

Our Fall Festival will be held on Oct 14

We look forward to continuing our tradition of holding these events where the Children of God can gather, share their gifts and help light the world in a small yet extremely luminous way!

Many Blessings to All!

Brittany Nicole Smith

Born Jan 08, 1992

Passed Sept 30, 2022

We recently lost one of our beautiful young people. Although she had been living away for a few years, we all remember her bright smile and loving heart.

From her parents:

We want to thank our wonderful church family for all the love, reiki and support we received this past month during a very challenging time. The love that came through to us was unbelievable and we know it was because of all of you, it has been easier to move forward.

Thank you,

Jim & Charmayne



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To Go to Our Website-

Hold your phone camera over the this link! Our calendar and events are updated weekly!



Holiday Activities

The Metaphysics of Christmas

December 11, 2022 - Sunday 7:30pm

This is our annual production of our very own, Metaphysics of Christmas. Through story and song we will explain the journey of mankind on this planet... How we got here and how we got so focused on our individual natures.

You will also see the story of how we all came to feel so isolated in our walk. And we will see the great love God has for all of His children.

The journey of man and the Christmas Story is an event honored by the Angels.

Join us for a fun filled evening as we remember the great love that created us and the great love that was given to us in Jesus' coming. There is magic to our lives and magic in the Gift of Jesus the Christ! Come early for your choice of seating and join us in a celebration of gratitude and joy.



Christmas Eve
Candlelighting Service
Saturday, Dec 24 at 7:30pm

Christmas Eve is always so special to us as we celebrate the love and light that Jesus Christ brought to mankind. We can feel that light as the Angels surround us. We can feel the light as God's love enfolds us. And most of all we can feel that great loving presence of Jesus as His love for man is felt by all. And in the midst of this Divine Celestial Energy, we can feel the love within all who have gathered. The Children of God celebrate Love!

**The light of God's love shines all around us,
but no place brighter
than in our hearts.**

New Year's Eve
Burning Bowl Ceremony
Saturday, Dec 31 at 7:30pm

Time to Celebrate all of our accomplishments of this past year and prepare our hearts for 2023!

Life is an ever evolving spiral and it is our great joy to take the opportunity to complete and release the past lessons and experiences of 2022. Through gratitude we will burn all of the situations and conditions that we are complete with which will create a space for greater to come!

As we open our hearts, we will set our intentions and desires for the coming year! We will tell the Universe that we are ready to experience a greater sense of self through love, prosperity, creativity, joy and wonderful relationships of support and truth.



Join us for all of our Holiday Celebrations and find that Spirit of God in your Soul!



Treasure

Knowing what to look for
Acceptance is the key
The gift of life a precious gift
For those with eyes to see

What's behind the curtain
That illusion tries to hide
Often more than meets the eye
The light must be our guide

Asking opens up the door
Seeking sees us thru it
We're more than just an idle dream
Creation to be seen

Giving keeps us in the flow
Balance keeps us true
The secret of this precious gift
Resides in me and you.

Peace,
Patrick



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God Bless.....



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