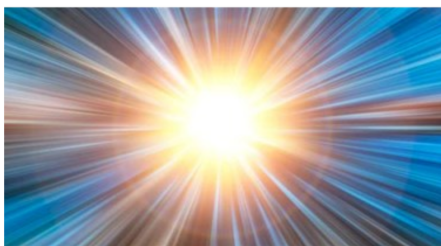




INNER QUEST CHURCH

Communications



Inner Quest Fest– October 8, 2022

Saturday from 11am to 3pm

It's TIME! Our Semi-Annual Festival!

2022 will be a Festival of Fun! We are very excited about once again hosting a gathering of like minded people sharing God love in the way they do best! As always, we will have vendors that create love filled items to enhance our lives! Think Christmas gift giving when you are doing your shopping!

The Healings are always amazing, and this year....

*Katy McManus will be back doing her famous Sound Bath

*Bill Steiniger will be offering the Sedona Technique

*Patrick will be doing color Therapy Sessions

*Reiki and Chakra Balancing will be offered by our Reiki Team

*The International School of Skin, Nailcare & Massage Therapy will be bringing their talented Massage Therapists and Reflexologists. Thank you Pam Jones! So Healings will be amazing! You may want to schedule a few!

And our Readers are amazing, as always.

You will be able to get an Angel Reading, a Body Scan, a Past Life reading or just a full reading on an issue that you are currently working on. Bring your questions and receive some awesome guidance.

It is time to celebrate Life with your Spiritual Family and Friends. Come early and stay the day. We will have awesome food to purchase, so come hungry!

If you would like to volunteer to assist in any way, please let us know. And, we are still open for more vendors if you would like to sell your wares! Terry Lufkin is our current organizer so she will get back with you regarding any details. We are looking forward to an Amazing Day of FUN!

In this issue:

- Sunday Services in September and October– God's Power flowing to me and through me!
- Tuesdays Nights –Learning to Manifest and Create!
- InnerQuest Fest Oct 8
- Reiki Night Sept 10
- Merkaba –Sept 17
- Metaphysics IV—Sep 24
- Genesis Class– Oct 02
- Food and Warm Coat Drive for the month of September
- Women's Group Beginning in October 14

"I have not been able to attend services in person, but have been listening to every uploaded video. Thank you so much for the inspiration and hope."

"A peaceful setting all around makes for a peaceful soul. The members are the sweetest, most helpful I have ever encountered" CS

"You can feel the Love the moment you arrive!" KF

"Beautiful church of love and light. The blessings overflow as leaders Rev Patrick and Rev Cindy teach, enlighten and share their love and harmony with all congregants. This is my new church home and I am thankful to God for showing the way" BW

"Full of Love and Light" PM

September Food and Coat Drive for North Fulton Charities

As you know, our church contributes to our local charity which continually helps over 700 families with food and clothing. The services they provide allow people to feel loved and supported during the challenging times in their lives.

Right now, there is a great need for food donations. As we are all aware of the rising costs of food, you can imagine how this impacts donations to food banks like theirs. In September, we will be collecting your generous food donations to help with this program. The food that is needed is:

High Need

Canned Fish/meat Pasta
 Canned Fruit & Veggies
 Dried Beans Jelly
 Pasta Sauce Canned Beans

Needed

Small Milk Boxes Juices
 Rice Hamburger Helper
 Flavored Pasta Cereal
 Flavored Rice Ramen

If you can help with any of these products, it would be greatly appreciated. And any contribution is great. If you want to donate money, Patrick and I will do the shopping for you!

Warm Coats They are also requesting any warm coats that you are complete with. You may have one that you have not worn in years that could keep one of our brothers or sisters warm this winter. Check your closets and see if you have a coat or jacket that you need to repurpose this year. Your contributions are blessings—not only to those who will receive them— but to everyone who is struggling in our world today. They will feel the love!

I am in the Flow of the Abundance of the Universe!



Sunday Services 2022– The Year of Sharing Your Light to Make Your Reality!

This year brings us a new look at the things we need to change and the new realities that await us. Jesus said for us to ask for what we want, to hold our visions on what we want, to be prepared to receive what we want. During July and August, we focused on how we could be more active with Spirit in our daily lives. Now, we are looking at how we can allow Spirit to sculpt our daily lives in ways that would thrill our souls. In September, Patrick and I will be looking at the progress we have made in our souls and the gentle ways we can begin to create new experiences.

It is the Father's Good Pleasure to give you the Kingdom!

Sunday Services for September 2022

God Blesses Me!

Sep 04	How Far Have You Come?	Rev Cindy Fuller
Sep 11	Are You Asking for What You Want?	Rev Cindy Fuller
Sep 18	Accept, Receive and Believe	Rev Cindy Fuller
Sep 25	Mine is the Kingdom	Rev Patrick Abent

"I Graduate Myself to New, Radiant Expression"

Sunday Services for October 2022

Understanding God Power

October prepares us for the coming winter, so we will be preparing for a greater role in demonstrating the power of God in our lives. Following the path of the Christ leads us to an understanding of the power of God in the Universe and in our own bodies. From creating to healing to releasing, we are using the God power within to create an experience that we desire. Join us as we understand the immense power that lives within each of us. We are the Children of God. God is the power of the Universe!

Every Sunday will build upon the next, so plan on being there for all!

Oct 02	Jesus' Humble Teachings	Rev Cindy Fuller
Oct 09	Power in the World	Rev Patrick Abent
Oct 16	Accessing Power Within	Rev Cindy Fuller
Oct 23	Power in the Silence	Rev Cindy Fuller
Oct 30	The Power of Your Choice	David Fuller

"God Power Flows Through Me, Now!"

Sundays are always wonderful!

Brotherhood in the Search for God

May we be united in love, recognizing that our neighbor, whatever his path of approach to God may be, in common with ourselves, desires to find God and to serve his brother man. In this fellowship we include not only the human, but the humbler brethren of earth, of the animal and nature kingdoms -all living things. And we raise our hearts to the shining company in the world of spirit, recognizing the service which they render to humanity.

We wait in the stillness of the spirit within, at peace with all life, to receive the spiritual outpouring from the centers of love, wisdom and power. We resign ourselves to the light of the Christ love and power...In the stillness and silence of eternity, may we know the meaning of love.

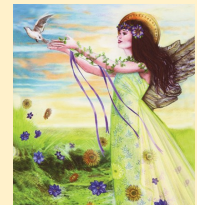
Prayer in the New Age
by White Eagle



Special Class– **Genesis Study** Sunday, October 2, 2022 1pm to 3:30 ish

Spirit has asked us to teach an overview class of the book of Genesis. This book is the basis of our Christian perception of God and deserves some enlightenment! If you would like to attend, please sign up and read the book before you arrive. (It's the first book in the Bible!) Cost is \$30

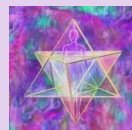
We will talk as long as the class desires. Rev Cindy Fuller teaching.



Merkaba Workshop

Sept 17, 2022 9am-4pm

\$200 for the Class



Mer: A counter rotating field of light

Ka: Spirit (on earth)

Ba: Body (our human body)

A counter rotating field of light (about 55 feet across) that will interact and translate the spirit and the body from one world into another.....

As we are experiencing a tremendous shift in the vibrations of our world, creating a Merkaba allows us to consciously create a sacred space for our lives. The frequency established is that of pure unconditional love. We set our vibration

to be in harmony with God's love for all. The field then acts as a deterrent to all energies that are harmful or overpowering.

The Merkaba is for this time! It will allow each of us to remain stabilized in our own energies while the world shifts around us.

We must see the unity of God life before we can integrate.

God's plan that has no end.

We are in a life of many mansions.

*God in his goodness renews the creations continually
--- and speaks through light.*

Come and learn how to build and activate your own Merkaba field. You will walk in Safety, Love and Peace.

Tuesday Nights, 7:30pm- 9:00pm

Feel God in our hearts!

Time to Expand the Way you Meditate and Experience Spirit!

During September, we will be manifesting our perfect dreams! You will need a journal for all of the things you want to receive!



September

- Sep 06 **Dream Travel Destination** Tonight, bring a photo of the perfect place you want to travel to. Also bring a journal that you will use for manifesting that perfect trip. Join us as we learn to focus and make a reality of our dreams.
- Sep 13 **Cards** Playing with Angel cards helps us access our subconscious minds to see if there is any block to our dreams, and to see what our next steps might be to allow them to become a reality. Bring your dream journal.
- Sep 20 **Health** How do you need to improve your health? Your physical vehicle is the instrument that houses your soul. Could you be more aware of your intentions toward it? It is not about the food or exercise, it is about the awareness of the energy and your desire to live a free unlimited life. Join us tonight as we look at our current feelings and create a new plan for physical light!
- Sep 27 **Class Choice** Tonight, we will do an exercise that the class chooses to help bring in the physical manifestation of their desires, making dreams a reality.

October

During October, we will be studying a *bible* of Metaphysical Thought– YOU CAN HAVE IT ALL by Arnold Patent. Each class will deal with the subject stated and will have an activity that promotes the healing energies for your forward motion.

- Oct 04 **Energy, the Universe and Our Purpose** Yes, we are all connected with God! Our purpose for this lifetime is not something separate from our God Self. All the energy we need is available to us now.
- Oct 11 **Doing What you love** Tonight we will be examining the concepts of working for money, love, success– why wait to do what you love? You were created to contribute your gift.
- Oct 18 **Ends and Means** How you give is how you will receive. Anger will produce anger. Force produces force. Hard Work produces hard work. Get it? Time to recognize our actual energy expenditures and alter.
- Oct 25 **Non-Attachment** Tonight we will learn that what we experience is all about what we have already “put out” into the Universe. Attaching to expectations of something different makes no sense. Tonight we will review our investments and begin to openly receive all the Universe is returning to us.

Each Tuesday Night, we will open with our Healing Circle– which we have been doing for 32 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

Join us if you can. We are Greater Love Expressing!



Reiki Night

Reiki Night

September 10 6-8:30pm
Come & Receive
No Reiki Night in

October

Since we will be having our festival, we will not be hosting our monthly Reiki Night. Be sure to come during the day and receive your healing.

Men's Group

Sept 12 and Oct 3, 7:30-9:00pm All Men welcome!

Women's Group

Our First Meeting is Friday, Oct 14. Snacks from 6:30 to 7. Meeting from 7:00 to 8:30. All women are welcome to come and participate as we get to know one another as Friend and Sister.

Metaphysics of Christmas– Rehearsals are Coming!

Our Annual Christmas Program of the Metaphysics of Christmas is scheduled to be performed on Sunday, Dec 11 at 7:30pm. As many of you know, this is a beautiful program of song and celebration of the life of Jesus Christ. And in order to make it happen, we need singers, a stage mom, sound person and video person. Everyone joins the rehearsals in November, however, our singers rehearsals will begin Sunday, October 16 from 12:30 to 2pm. (All rehearsals are on Sunday after church.)

Check your hearts and see if you would like to join us in the production. It is a big investment with an even bigger return! Join us in lighting up the world this Christmas Season! Sign up in the lobby.

What is Living Unapologetically?

Living unapologetically means not explaining yourself.

It means following your guidance and being comfortable doing so. Living unapologetically means standing your ground when your decision or action displeases someone.

It means nurturing self by answering the call of guidance.

From Spirit to Lori T.

Thoughts of the Ministers



Dreams are Powerful



Life seems to be expanding at a perilous pace with change being the theme of each day. If this is the new normal, I guess we are in store for some interesting times.

In all the hype and distractions with which we are being bombarded, it really takes focus to stay centered in our truth.

With our vision high and our feet firmly on the ground, it will be easier for us to navigate these changing times.

It seems we have lost our way, and by way, I mean the way of Spirit. God is Spirit and we are made in the image and likeness of God — We are Spirit! Our life is a grand opportunity to demonstrate a higher way of living. The way of Love. It's the ability to express our unique love that allows and supports true transformation.

Instead of trying to find our place in this new narrative, we can allow God to guide our steps in creating our perfect place.

In the Many is the One.

We all have a voice in this collective creation. Perhaps it's time to join as one voice and speak from the heart to share a new vision of a world that can be. Accepting responsibility for our part in this transformation process is an opportunity and the blessing we came to be.

We create with thought in this dimension, perhaps it's time for "new thought." Simple would be a good place to start. Understanding that everything is energy can reveal the oneness of being, and that flow is the natural order of life. The one-verse contracting and expanding as eternity.

Now we will be able to experience the truth of Love. Swords will finally be transformed as plowshares, competition to cooperation, judgment to acceptance, and hate will dissolve in love.

It's time for creativity, imagination and joy to be foundational for our new creation. Exponential growth will replace lateral movement as we are free to dream. This list is to be expanded by as many people as are on the planet. For within each heart is a dream that's ready to Be.

I believe that if enough of us join together in love our collective voice will be felt and we will be able to dream in a world of our truth.

Peace,

Patrick

Spiritual Support Abounds

Most of you know that on April 18, I was hit from behind by a big truck while I was waiting to make a left hand turn. I know that God was there. I heard the driver hit his breaks and my foot went for the gas— all I could feel under my foot was a crumbling energy— nothing physical. Then I found myself at the top of my car, the White light was to my right and I heard the truck hit. By the sound, I knew the driver had tried to stop as much as possible. Then I heard a voice in the White Light say "get back in your body, your car is in motion." I knew this meant that I needed to get control of my car. Something dissolved in me in those moments. My awareness leaving my physical, seeing the White Light —my heart was so confused. I did not know how to put myself back together again.

The months that have followed have been full of healing. My physical back and shoulders did not take the impact well. I have been on a daily healing journey.

I know I am being taught things I never would have learned without this dramatic experience. I am being taught about the physical— without the spiritual connection, about how to bring the light in even when you are in pain, and to recognize the many causal thoughts needing to be healed. It is amazing how complex our energy matrix actually is.

I think the most important thing I am being taught is to receive the healing energies from others. I am very grateful for all of the reiki and prayers I have received during this time. Your love has helped sustain me and provide the needed energy when I just could not hear what my next step should be.

Recently Patrick channeled a prayer for me. He told me to read it in the morning and in the evening. And I have. The energy in the words is beautiful and powerful. I know these are from Spirit. So, I wanted to share this prayer with you.

Father, I ask that Your love and grace, which is all powerful and unlimited, enter into my body, move through my body, and work its miracle.

I ask that my body be restored to total health. I surrender to balance and harmony in my life, knowing Your will frees me of all limitation.

I now acknowledge all the love and support the Universe provides me.

I now stand forth as Your radiant and loving daughter, one with life, ever intending to be

Your love made manifest.

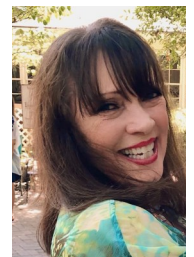
The truth I AM.

I love you God.

I hope you can feel the power in these words. Please feel free to personalize this prayer for your healing journey. We are all the Radiant Children of God!

My Love to all,

Cindy



Comment from a Reiki Train recipient:

Wow! You really did call in the light asap!
I received a job offer making more money & the ability to work anywhere (no more being chained to my computer desk)
I accepted verbally, waiting on the formal offer.

Just had to share with all of you ☺ SK



**Saturday October 8, 2022
from 11am-3pm**

Time to Celebrate God!

Our semi—annual *INNERQUEST Fests* are fun ways to explore *metaphysical thought*. We offer mini-readings and healings. And this year, our Fall Festival will be filled with surprises!

The readings and healings are \$20 each, or you can buy a package for \$30.00 that includes both.

These festivals are annual fundraisers for Inner Quest Church and we really want everyone to attend and encourage their friends, family and neighbors to make it a fun Saturday event.

The InnerQuest Fest is fun for everyone. It will be a wonderful day to explore the grounds, purchase gifts for yourself and for others, and enjoy a tasty lunch, freshly grilled just for you. We offer hot dogs, hamburgers, brats, salmon, and vegetarian items as well. Many come just for the lunch!

Shopping for yourself and for gifts is highly encouraged! We invite unique vendors to come and sell their specialty wares, like artisan jewelry, décor items for the home, candles, artwork, pottery and organic or eco-friendly consumables like local honey, eggs, seasonal plants, and produce. Our bookstore and gift shop will be open so you can purchase crystals, books, cards, jewelry and incense.

You can book your readings and healings early! Let the Angels guide you!

Special Package Deal!

\$30
for
**One Reading Session &
One Healing Session**

To Go to Our Website-

Hold your phone camera over the this link! Our calendar and events are updated weekly!



Twitter.com #innerquestchurch



Instagram.com/innerquestchurch/



Facebook.com/innerquestchurch/



InnerQuest Fest Pre-Registration for your Healing Session & Reading

**Prepaid reservations will begin
September 26th**

You can call to book your sessions or make your plans in person anytime you are in the church. (Healings being offered are listed on the front page!)

For our festival, you are highly encouraged to book before the event if you want a specific reader or a specific healing. We want all of our great workers to work a little and play a little, so that favorite reader you want, or that healing session you have in mind may only be available early or late, so plan ahead and book early. You can relax into the day knowing that you will receive exactly what you need!

Vendor Participation

We would love to invite you to join our Festival as a Vendor if you have merchandise that you would love to share with our community. Just contact our office to register.

Cost: There is a \$10 non-refundable booth fee in addition to 10% tithe on your total sales. A typical fair will be visited by 150-200 people. You will need to register with the office, 770 -521-2875, and we can answer your other questions at that time.

SET-UP: Vendors bring their own tables and/or canopy and set-up begins at 10:00am, Saturday Oct 8.

WEATHER: We have never cancelled in 25+ years due to weather, so it's a rain or shine event.

The area is largely covered by trees, so use your own judgment about bringing a tent or canopy. You are welcome to come and look at the vendor area ahead of time. Join us in making this Festival the BEST!

Metaphysics Study Continues

Metaphysics IV

Saturdays 9:30-12:00pm
Sept 24, Oct 1, 15, 22, 29, Nov 5, 2022

Symbolism is the language of the Universe. Through looking at the energetic information being conveyed, we can see a truer meaning to the stories we have inherited in our world. Learn tools that will enable you to interpret situations and environments in your personal world as well.

Information is everywhere. Learn to Discern! Metaphysics I, Metaphysics II, and Metaphysics III are pre-requisites. The cost for this series is \$160.

Today's the Day

**A day can be eternity
When we free ourself from duty
And sever all the ties that bind
Transcending mortal mind**

**This game of life a timeline
Yet who creates the rules
Enter with a blindfold
Your destiny to lose**

**When we choose to take a breath
To interrupt our sequence
All distractions seem to cease
It's here we can find peace**

**Now is the time to take a step
To listen– then to Be
Destiny awaits each Soul
But first we must be Free
Peace
Patrick**



Inner Quest Church

12830 New Providence Rd

Alpharetta, GA 30004

770-521-2875

God Bless.....