

INNER QUEST CHURCH

Communications



Spring Opportunities

Easter Celebration in April!

We still do not fully understand the great gift that Jesus Christ gave to humanity as he ascended to the Father. However, at Easter, you can certainly feel his great love and his hope for all of us to follow him in that beautiful relationship of Oneness with God. And this year, we are offering many opportunities to touch that energy of Jesus Christ.

Good Friday— This is the one time a year that we offer a Spiritual Communion service. There is a mystical connection that occurs every year as we connect with the energies of the Christ. Our sanctuary is filled with humans, but it is also filled with spiritual beings that are joining us in connecting with the energy of God that was in Jesus Christ. The vibrations are undeniable and the blessings are immense. We will begin at 12 noon and usually have our service complete by 12:30 to 12:40pm. We will stay in private meditation until 1pm, however, all participants may leave during this meditation as they are guided. The church will be closed for the remainder of the day. The energy is so high, it is important that it is held in honor for our Easter Service.

Easter Service— Every Year our hearts open to truly knowing that all that Jesus Christ brought to the Earth can, in fact, be ours as well. We, too, can have that personal and perfect walk with our Father/Mother God. We can allow God's healing energy to move through us to assist others in their healing process, just as Jesus did. And we can walk with such a certainty that We are Children of God. We do all of this because Jesus showed us the way and guides us there. This year Easter will be on April 17. Please join us as we realign our hearts and minds with the mission of becoming a fully realized Child of God. The angels will attend us and Jesus the Christ will celebrate with us as well!

In this issue:

- Sunday Services Focus on the teachings of Jesus Christ as he began his Ministry and as he ends it
- Tuesdays Nights –March is all about your requests!
- Meditation I Class Offered, in Person or on Line.
- Relationship Workshop Coming!
- •Inner Quest Fest-May 14

"What a great place!!!!! Always Warm and Welcoming like the family you never knew you had!!!!" DF

"Inner Quest is the place I had been looking for to help discover & nurture my spiritual needs. I have learned so much and I am very grateful for Cindy, Patrick and the Inner Quest family. I look forward to attending church and meditation each week!" SB

"You can feel the love when you enter and the property has several Meditation spots!" CS

Inner Quest Expanding

Our Pavilion Project is underway! We are presenting our plans to the City of Milton and will soon be able to begin our demolition of our current barn structure. This is a very exciting project that will allow us to host many more activities than our current structure allows. Please hold this project in your prayers!

We will also be scheduling another day of "Grounds Work" to clean up winter's refuse, and to put in some new beautiful flowers and greenery. The Faeries have requested some work be done in their garden, so we will be looking into harmonizing with their lovely energies to make this home more amazing!

2022 is going to be a year of expanding in the simple foundation of God's Love. So, check your hearts and see what you would like to contribute through volunteering, teaching the kids, cleaning the path and holding the light through prayer and love. Your church is growing!

We are living in God's World!

2022- We are Re-creating our World of Love -Sunday Services

We are in the renewal time of year when as Christians, we celebrate the life of Jesus and the great gift he gave us in sharing his consciousness with humanity.

Sunday Services for March 2022

In March, we will look at the guidelines he gave us in how we should treat our fellow man. Those words of encouragement hold within them the secret of accessing the Divine Light that is all around us. If we are to truly open to understanding the dimensional energies that we live in, we will need to find a peace with ourselves and all of humanity. Join us as we walk with Jesus for a moment.

God Light Shines in my Behavior!

Mar 06	Gentle Power	Patrick Abent
Mar 13	Jesus' Wake up Call	Cindy Fuller
Mar 20	Jesus-Parables of Life	Cindy Fuller
Mar 27	Spirit is the Greatest Power	Cindy Fuller

"God is all I need to understand love!"

Sunday Services for April 2022

In April, we will be looking at the final week of Jesus' walk. What he focused on as he prepared to give his gift. What were the stories and works that he shared? Join us as we look with fresh eyes at the messages of love!

The Spirit of the Christ

Apr 03	Walking into Jerusalem	Cindy Fuller
Apr 10	Recognizing the Christ	Cindy Fuller
Apr 17	Easter-God's Heart	Cindy Fuller
Apr 24	The Spiritual Path	Patrick Abent

"I walk the Path Jesus Created, I Am Child of God!"

Join us for this two month series of divine intervention for mankind!

"We can speak so confidently about the outcome of all your human problems because we know that all human life is governed by divine law, perfect in its outworking. The purpose of that law is to draw all men and women, all the human family, into a consciousness of God. Do not look backward unless it is to say, 'How beautiful is the path that I have traversed!' Do not regret the past. You are moving forward traveling life's path to find happiness once again,

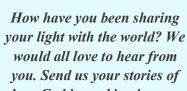
and this time an enhanced happiness."
The Quiet Mind by White Eagle



Patrick and Our Future!

This Past Sunday, Feb 20, 2022, three of our newest Inner Quest Babies came to celebrate life together! We are so Grateful for these little souls whose entry into our lives came at such a powerful and perfect time!

From L to R: Amber Fuller with Hazel, Haley Mencias with Gisele, Arianna Marin with Lucy. And of course, Patrick looking over them all!



how God is working in your world. We would love to include these in our next Newsletters!

Poems and Journal downloads are also welcome!

Direct emails to the church: iqc@innerquestchurch.org

See Updates on our website: www.innerquestchurch.org



6:00 to 8:30pm

CALL 770-521-2875 RESERVE

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Reiki Nights

<u>Reiki Healing Nights</u> are a wonderful opportunity to come and receive a 20 minute reiki session on a Love offering Basis. Our healing team has been trained to share a beautiful vibration of pure healing love. Reiki Energy can not hurt or harm in any way. It goes where it is needed for the body to be restored to health in each individual.

Every evening the team centers, and prays in to unite their hearts with God and each other. Then they act as a healing instrument of God's love for the rest of the evening. Each session is opened with prayer and all who come can feel the Healing Angels and the Reiki Masters that fill our small healing room. Jesus Christ leads the way and it is our prayer that all who come through those doors receive a healing at a causal level!

Be sure to mark your Calendars for the next Reiki Nights in March and April!

Tuesday Nights

Tuesday Nights, 7:30pm- 9:00pm *Tuesday evenings allow us a hands on experience to feel God in our hearts..*

In March, we will be doing—Class Choice!
The group has asked and now we will Experience!

March

- Mar 01 Billet Readings It's a fun night tonight! Open your heart and you will learn how to sense energies in a fun and very user friendly way!
- Mar 08 <u>Understanding Energy</u> Bring your dowsing rods! Tonight we will measure the energy fields of each other and see how various outside forces affect them!
- Mar 15 Malta Meditation Tonight we connect with our Spiritual Family and open for greater love in the world. Many ancient Beings still watch over mankind and help in their evolution. Bring your journals.
- Mar 22 <u>Astrology– Moon Position</u> Tonight we will learn about how our moon position can help us in maintaining a balanced emotional state. We each need to be comforted and fulfilled in completely different ways. Bring your time of birth if you don't know your moon position. And bring your journal!
- Mar 29 **Group Past Life Meditation** Come with an open heart and allow your angels to take you to a lifetime that is currently affecting this one. You may gain understanding and you may be able to forgive and heal this past energy. Bring your journal.

In April, we will be exploring White Eagle's book, "Chakras, Auras, and Subtle Bodies" - Part 1

<u>April</u>

- Apr 05 Exploring the Various Subtle Bodies We are familiar with our physical body and maybe our mental and emotional bodies, but we have so many other body systems that keep us in harmony and health. Join us as we take our first step into the wisdom of White Eagle.
- Apr 12 **Enlivening our Nervous Systems** Tonight we take another step in exploring how our spirit functions and communicates throughout our body systems.
- Apr 19 <u>Auras</u> Our aura vibrates our light! Tonight we will learn, and we will also look for the auric field in another. This is always a beautiful way to teach our eyes to see another realm of vibration.
- Apr 26 <u>Clairsentience</u>— When we feel energies, it is very easy to interpret the exact meaning, especially the effect on our own energy field. We are all feelers. Come and learn how to use this energy for your expansion!

Each Tuesday Night, we will open with our Healing Circle—which we have been doing for 30 years. If you are unable to make it, you can call in, or email your prayer requests or place them in the basket while you are here on Sunday. Each prayer is prayed over for 30 days, and individually blessed before releasing.

Join us if you can. It is time for our expansion into Greater Love Expressing!

Meditation I Class—In Person or On Facebook Portal Thursday Nights from 7:30-9:30pm March 24—April 14

This is a foundational class that will teach you many techniques to still your mind and open to the Divine Light of God love.

From breathing to mantras to creative visualization, each class will be a unique method of creating a focus that will allow your mind to become more receptive to becoming one with your Higher Self. Once you have learned to connect, the understanding of the information received becomes easy.

Even if you have been meditating for a while, these classes provide a variety of tools that you will use forever.

Call and Register Today! Four Weeks \$100





Thoughts of the Ministers



Love Is

Life is good, and when we can accept this, we are on our way to Better Happiness, Joy, Peace and Love can be our experience if we choose. We are the creator of our life, the artist, and we color our manifestations with the energy we use.

Everything is energy and "Like attracts Like". In our process of manifestation, we first choose the experience we seek and then the material or "energy" to create with.

The first step is to break life down to *Simple*. If we seek Love, love would be the energy we would use to manifest with. Thoughts of love will begin to draw all that we would need to experience love. The next step is to participate, to consciously give, receive, acknowledge or even be the experience of love in the opportunity that is presented.

There is no time but the present, whatever experience we seek we can begin here and Now. The key is to be open to new expressions of Self. To live outside the box, we must get outside the box. This will require change on some level, perhaps on all levels.

We are all part of this grand creation of Gods, and change is constant, and evolution is truth. As we give ourself permission to change, grow and evolve we will play our unique part. We have had many rounds on the planet, and each prepares us for the next. The process continually refines our essence so that we can be clear and true expression of love. All of life is participating, in their up-ward spiral of evolution in consciousness. We participated in the fall, and we must now participate in the ascension of all.

The resistance we feel in this quest must not be feared. We are the sons and daughters of God and we wield the most powerful energy in the universe- Love. This is the energy we are to use in this recreation that is taking place on the planet.

The power of love could never be more true and the time to be the Love we came to Be, is Now. From the micro to the macro

God is and Love always prevails.

Peace, Patrick



North Fulton County Food Drive- Thanks to Everyone

We ended our Food Drive with a load that could barely fit in Patrick's truck! We want to thank everyone for their generous support and their loving hearts. We know that you all have richly blessed some folks that need our love right now!

We love our church family!

March and April

As we move into spring again this year, it feels like we need a new beginning. Ever since the explosion of 2020, we as a people have not been able to relax into our own beliefs. We have been constantly asked to create an opinion of something that is going on in the world. This keeps us from recentering into our own power and finding our own unique bliss.

So, 2022 starts a new year for me! You can say I am walking around with rose colored glasses, but they fit me just fine! I am choosing to live in a world where all my needs are met, all my desires are fulfilled, and my spiritual connection with God is constant!

When Jesus taught in Jerusalem, he knew that in 30+ years, the Jewish temple would not exist any longer. He knew that the entire Jewish community would be driven from their sacred home. And He knew that this was an occurrence that was created because of their beliefs and behavior.

Now, if any of us would have been in his shoes, we would have been screaming at the top of our lungs, get out— save your lives— the world is about to end. But he didn't. He simply taught the people of a new way of life. One that would lead them to peace, prosperity and spiritual liberty. He did not try to save the Jewish faith, nor did he try to amend the beliefs. It was time for God to become the Truth in the hearts of mankind. So, he focused on His Mission. He was to bring the light to the consciousness of man so that we could all remember that it is not a religion that connects us with our Father/Mother God. It is our own sense of God light within. We are beyond the physical. We are eternal. We are the Children of God. Let go and Shine!

Sometimes I feel as if our world is on the same type of major change as Jesus' world was. And then I hear from God, "I am here. There is no fear. People are doing things that affect their world. You are in mine. And they are too! They just don't realize that they can only go so far. I will right the energy because enough of you are carrying the light. I have you all."

So, 2022 starts a new year for me. I choose to walk in God love no matter what seems to be happening in the world. I will hug, laugh, and share my heart as God directs. I will do the healing work, the teachings, the Sunday Services and the Spiritual Counsel-

ings, as God directs. I will live the life that I was born to live, and hopefully, be about the Father's business as I focus on my mission.

I Behold the Christ in You and I Behold the Christ in Me!

Much love to all, Cindy



Sharings

"Bite Size Pieces of a Metaphysical Practice" By Tamyra Cashman

I was having a conversation with Ms. Cindy, and I had mentioned to her how I have learned to incorporate the practice of Metaphysics into my life daily over the past few years by taking it in "Bite- Size Pieces". As a result, she asked if I would share my experience in the Newsletter! So here we go

After returning to Georgia from Florida in the fall of 2018, I made a commitment to throw myself into the metaphysical teaching at Inner Quest Church. I was done living in fear, anger, resentment, and victimization hood. Before moving to Florida, I had limited exposure to Metaphysics at Inner Quest, but this time was different. During my time in Florida, my father left this earth plane, and I was blessed to be by his side. But something in me had shifted, I needed to find the peace within myself if I was going to stay and continue living.

Being on a limited budget, I started with Tuesday night mediations, Sunday services, books, and any other classes I could fit into my budget. This was all in divine order, if left up to me, I would have taken every class within six months, blowing my mind completely and quitting! So, it started slow and easy. Realizing this quickly, I gave myself permission to take the time to processes what I was learning. Also, it was clear to me I needed to learn how to meditate, alone! This would be the foundation and first tool in my toolbox. Again, taking it in "Bite-Size Pieces".

Today, I start everyday with what I call my Meta workout, incorporating several Spiritual Modalities that set the stage for my day. When I look back at how I have changed from the inside out, I'm filled with gratitude and love. I continue to remind myself to take every day in "Bite-Size Pieces"!

Love and Light, Tamyra Cashman

A soul's journey home.....

When I stopped looking for recognition from the world,

I was able to allow my own vibration to take me to a space where I could meet my Spiritual Family. There I was seen.

Please follow us on:
Twitter.com #innerquestchurch

Instagram.com/innerquestchurch/

Facebook.com/innerquestchurch/

Relationship Workshop for Couples or Singles!

Friday Evening, March 18 7:30-9:30pm \$30 Investment

God has asked that this information be shared to help us in our energy management!

We will be looking at the underlying flow of energy

and the agreements we make with one another—whether conscious or not!

If we all knew that life on this earth was really about how we love, we would be spending a lot more time investing in the people around us!

This is a world of relationships— and how we treat others is actually how we are asking the Universe to treat us!

These principles can be applied to everything in your Daily Life!

Join us for an evening of evolution! Sign up today!



May 14, 2022

INNER QUEST CHURCH

This is for everyone, Couples & Singles! Learn about the interplay of energies in all

relationships.

11am-3pm Mark Your Calendars

Inner Quest Fest-

This Spring we will be hosting our Spring Festival the weekend after Mothers Day!! We hope to see you there!

Again, we are welcoming awesome vendors, readers and healers!

If you are an artist, reader or have a healing gift to share, and would like to participate, please contact us as soon as possible. We would love to have an expanded Festival filled with God love and light.

For now, mark you calendar and plan on attending. And if you would like to volunteer in any capacity, please contact us! As you know, it takes an entire church to host a Festival!

Let's Make it Amazing!

Malcolm Scattergood on his <u>Rohun experience</u> with Rev. Cindy Fuller at Inner Quest church in April of 2021:

For me, the experience of Rohun produced a transformation in my life. It is like I am a complete person now. I have freedom of expression and I am the person I was created to be.

In essence, through Rohun, I discovered that my soul - or being - had, in past lifetimes and in this lifetime, become fragmented. Parts of me had been frozen and not allowed to grow. Through the Rohun process, these parts of me were recognized and the circumstances around them were forgiven. This allowed these soul fragments to grow up and become a part of me.

It took a few weeks for these changes to be fully integrated into myself. Now I am confident and full of life. The way I relate to life and others is transformed in that I feel equal to everyone else instead of less than.

Yea God!!!

Reflection

Seeds of light resplendent Their gift beyond compare Reveal to all the hidden gift Wrapped in Love with care

The soul can be the storehouse For Past, the Future, and Now Holding all that's left undone And all that's yet to come

Life springs forth eternal A continuum that is sure Order can be seen each day Reveals the passion play

Deep within our Sacred Heart A still small voice- so clear I AM Light, the Seed of Life The gift you came to share.

> Peace, Patrick



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God Bless....